What is JSS?

The WA JSS is designed as an integrated organization consisting of 13 different programs each with its own team of subject matter experts. The teams work together to provide excellent services and programs for Service Members, their Families and Veterans.

All services are conveniently housed under one roof at Building 3 on Camp Murray and Mini-JSS sites are located at various armories and Readiness Centers throughout the state.
The JSS positively impacts overall Service Member and Family Readiness, Resilience and Retention by managing resiliency programs to provide Washington’s Warriors, Veterans, and Family Members with support services that enhance their well-being, quality of life and promote their productive military participation.

Resiliency + Stability = Availability
If you encounter a Family in need, please provide them with our contact information. We have a tool box of resources available to work with military Families on personal issues that require guidance in the areas of military pay benefits, and financial debt. Those Families are referred to the appropriate community services for assistance.

‘Essential Services’ Provided by Family Assistance Specialists

Serving all Branches of the Military!

Family Assistance Center Coordinator
Camp Murray (Building 3) – (253) 945-1869

Family Assistance Specialists (FAS)
Camp Murray (Building 3) – (253) 512-8367
Pierce County Readiness Center (PCRC) – (253) 512-1350
Vancouver AFRC – (360) 604-7303
Kent Armory – (253) 512-8766
Spokane Readiness Center – (509) 532-2775
Pasco Armory – (509) 545-2031
Moses Lake Armory – (509) 630-0701
Yakima Readiness Center – (509) 469-4638
Bremerton Armory – (360) 473-2411
Marysville Readiness Center – (360) 436-2423
Olympia Armory – (360) 704-6707
Family Readiness Support Assistant (FRSA) empower Commanders and FRGs in their duty to deliver the Total Army Family Program so that Soldiers and Families are entitled, informed, educated, assisted, and made ready for the unique demands of military life before, during, and after deployment.

FRSAs also assist the Commanders maintain the continuity and stability of Family Readiness Groups (FRGs) as units undergo changes in volunteers, leadership and during all phases of the deployment cycle. Operationally, the FRSA provides administrative and logistical support to Commanders, rear detachment Commanders, Family Readiness Liaisons (FRL) and statutory and gratuitous FRG volunteers.

56 TIOG / 96 TC / RRB
IORC / PCRC
(253) 512-4890

81st SBCT
Camp Murray
(253) 512-8506

96th ATC / JFHQ / 10th CST / MEDCOM
Camp Murray - vacant

Senior FRSA
Camp Murray
(253) 912-8803
Provide Airmen & Families readiness support including direct day-to-day service to the Airmen and their Families and liaison with other support entities including Rear Dets, FRGs, FASs, and ESGR.

**Air National Guard**

**Airmen and Family Readiness Program Managers**

Angela Sutter, 194th Wing  
(253) 512-3397  
angela.sutter@ang.af.mil

Mary Thomas, 141st ARW  
(509) 247-7009  
mary.thomas.4@us.af.mil
Program with the funny name: **WANGY**  

**Coordinators Robbin (253) 512-7985 or Kevin (253) 512-1356**

**Mission:** To positively impact Soldier and Family Readiness, Resilience, Retention and Quality of Life by providing secure, timely, flexible and high-quality youth development opportunities and resources which promote the overall well-being of National Guard Children & Youth.

**Goals:**

- Provide youth-based life-skills education and peer to peer connections to increase overall Service Member and Family Readiness
- Build community capacity by developing partnerships with education and community resources that support geographically-dispersed military Youth and Families
- Expand access to and awareness of Federal, State, and community benefits that support military Youth
- Provide National Guard Children and Youth with leadership and service learning opportunities to foster resilience and inspire future growth
- Provide programming which increases resilience skills in Youth and promotes overall Service Member and Family Readiness and Retention

**Key Events & Programs:**

- Week long Summer Camps
- State Youth Symposium
- Youth Council - 8th-12th grade
- Resilience Training for Teens
- Life Skills Training opportunities
- Regional Family Events

**Direct Unit Support** include equipment for check out and training sessions for Youth.
Comprehensive program that centers on awareness and prevention, training and education, victim advocacy, response, reporting, and accountability.

- Army and Air Force policy promotes sensitive care and confidential reporting for victims of sexual assault and accountability of offenders.

- JSS trains, supports, and tracks WANG unit Victim Advocates (VA) for duty at all battalions and wings.

- JSS & Wing staff assists victims in finding immediate assistance and support and helps inform victims of laws and procedures

- JSS & Wing staff provides tools to the Commander to help manage a sexual assault situation
Resilience & Risk Reduction Program Suicide Prevention (R3SP)

• Maintains and tracks a cadre of unit level Suicide Intervention Officers (SIOs).

• Conducts Applied Suicide Intervention Skills Training (ASIST) workshops monthly throughout the state to maintain training of SIOs and train Gatekeepers to identify/intervene with a person at risk of suicide.

• JSS staff coordinates resources and links “at risk” personnel to immediate care.

STATE
Maintains and tracks a cadre of unit level Suicide Intervention Officers (SIOs).
Conducts Applied Suicide Intervention Skills Training (ASIST) workshops per year to maintain the SIO cadre.
JSS staff coordinates resources and links “at risk” personnel to immediate care.

WINGS
Wingman Days
Directors of Psychological Health, Chaplains and the A&FRPM to help facilitate these programs.
Air can attend trainings on a space available basis.
The National Guard Psychological Health Program advocates, promotes, and guides National Guard Members and their Families by supporting psychological fitness for operational readiness.

Services:
- Commander/Unit Consultation
- Mental Health Evaluation
- Mental Health Provider Referral
- Risk Assessment
- Behavioral Health Resourcing
- Afterhours Emergency Consults
- Crisis Stabilization and Follow On Support
- Safety Planning
- Mental Health Service Coordination
- Unit Leadership Briefings
- Provides outreach services at Unit events
- Facilitates self-care workshops to promote healthy living

**Army**
West – Julie Madsen (253) 512-8783
West – Audrey Hockman (253) 512-1358
East – Tawnya Wright (509) 910-3125

**Air**
141ARW – Marcia Richard (509) 247-7087
Embraces and reassures Survivors that they are continually linked to the Military Family through a unified support program that enables them to remain an important part of the Military for as long as they desire.

**SOS Responsibilities:**

- Support Groups
- Advocacy/Outreach
- Information and Referral
- Life Skills Education
- Subject Matter Expert on all benefits; federal, state and local
- Initial POC for Casualty Assistance Officer (CAO)
- Estate planning resources
- Pre-Deployment Training for Family and Service Members

Camp Murray (253) 512-8756   Cell: (253) 202-0982
Kennewick   (509) 734-7052   Cell: (253) 376-1889
Assists Members with developing employment opportunities through:

- Career guidance
- Job skills assessments
- Resume development
- Interview skills development
- Advocates the benefits of hiring Guard and Reserves: Leadership, Professionalism, Responsibility, Understand Diversity, Physical Conditioning, "Can Do Attitude, Calm Under Pressure, First Class Image, Global Perspective
- Regional employment opportunities through business community outreach
- Apprenticeship programs in partnership with union officials
- Stationed in armories throughout the state
DoD Program to promote cooperation and understanding between Guard & Reserve Service members and their civilian employers. Supported by over 80 volunteers throughout WA from small business, government, industry, bringing a vast wealth of experience to conduct:

**Employer Outreach**

- Awards presentations (Patriot Awards), recognition of supportive employers
- USERRA - assist with understanding the Uniformed Service Employment & Reemployment Rights Act
- Partner with employers to advocate the hiring of Guard and Reserve members

**Military Outreach**

- Unit, Command and Individual Service members brief
- USERRA - assist with understanding their USERRA rights
- Nominate your employer for the Patriot Award

**Ombudsman Services** (mediation/education) - Questions or inquires – call 800-336-4590
- Assist BOTH employer and service member in resolving conflict(s)

[www.esgr.mil](http://www.esgr.mil)
WE PROMOTE... Financial responsibility and accountability in money management

THROUGH...

- Preventive financial education
- Personal financial counseling
- Consumer advocacy
- Information and referral

TO ACHIEVE...

- Personal financial readiness
- Responsibility and accountability
- Stability, choice and freedom

PFCs deliver training on:
- Military benefits
- Debt management
- Spending plans
- Pre-and post-deployment preparations
- Retirement (BRS)

We can help with:
- Spending plans
- Thrift Savings Plan
- Debt repayment
- Deployment, transition, and retirement preparation
- Tax planning

Consumer Advocacy Services
- Identity theft
- Pay-day loans
- Consumer safety and rights
- Filling out forms
- Contacting and working with creditors
- Referrals

Email at PFC1.wa.ng@zeiders.com / (253) 512-7753 or PFC2.wa.ng@zeiders.com / (253) 307-6647
• Assistance for possible compensation for injuries or illness sustained as a result of military duty.
• Help with VA processing for getting compensation.
• Accessing all VA programs (home loan, education, vocational rehab, healthcare, etc.)
• Assistance with locating your medical records, DD 214s and other needed documents.
• Access to health/dental care programs (DOD and VA).
• Referral for counseling services for you and your Family that will not affect your career.
• Insurance information such as SGLI and TSGLI.
• Help guide you through the Education opportunities special to our state in addition to GI Bill benefits especially relating to the transferring of benefits
• Guidance through military medical programs such as Reserve Managed Care Program, INCAP, MEB/PEB, LOD.

POC: Annie DeAndrea  253-512-8722  antionette.m.deandrea.ctr@mail.mil
Teaches NCOs a set of skills and techniques that build resilience and that they can, in turn, teach to other service members. The intent is that these NCOs will take the skills and training taught in the MRT course to the junior service members they instruct and lead. We hypothesize that these skills will enhance service members’ ability to handle adversity, prevent depression and anxiety, prevent PTSD, and enhance overall well-being and performance. It also provides an integrated framework that encompasses many cross-functional education and training efforts, activities, programs, and other equities that play a contributory role in sustaining a fit, resilient, and ready force. This training includes fitness in mental, physical, social, and spiritual domains.

**Resilience**

**Building Mental Toughness**

**Identifying Character Strengths**

**Strengthening Relationships**
Yellow Ribbon Reintegration Program (YRRP)

- Provides information and resources to service members and their Families
- Follows the deployment cycle with tailored events and information
- Provides resources for children on the topic of deployment
- Lodging* and meals are paid for while you attend the event
- Interactive ‘elective’ events for participants to take part in.
  - i.e., iREST, What’s your color, yoga/meditation, guest speakers.

* Over 50 miles receive hotel room
JOINT SERVICES SUPPORT PARTNERS to name a few....
JOINT SERVICES SUPPORT CONTACTS

Sexual Assault Prevention and Response (SAPR)
SARC: (253) 512-1365 or 24/7 Hotline (253) 307-6483
Victim Advocate: (253) 512-7881
DoD Safe Helpline (24/7) 1-877-995-5247

Resilience, Risk, Reduction, Suicide Prevention (R3SP)
Camp Murray: (253) 512-1342/1357 Cell: (360) 241-9921
Call (253) 318-9827 for 24/7 Assistance

Psychological Health Coordinators - Army
West: (253) 512-8783 Cell: (253) 273-1769
West: (253) 512-1358 East: (509) 910-3125
Director of Psychological Health - Air
West: (253) 512-2048 Cell: (253) 905-4620
East: (509) 247-7087 Cell: (509) 979-0051

Employer Support of the Guard and Reserve (ESGR)

Alcohol/Substance Abuse Prevention Cord
(253) 512-8394

Master Resiliency Training (MRT) (253) 512-1384

Yellow Ribbon Reintegration Program (YRRP)
(253) 512-1355 (Army) (253) 512-3259 (Air)

Work For Warriors (WFW)
Camp Murray: (253) 512-8727/1351 JBLM: (253) 912-3182
Kent: (253) 945-1821 Moses Lake: (509) 766-6578
Spokane: (509) 532-2795 Vancouver: (360) 604-7320

Transition Assistance Advisor (TAA)
Camp Murray: (253) 512-8722
Veterans Affairs Officer (WA Dept of Veteran’s Affairs)
Camp Murray: (253) 512-8196

Personal Financial Counselors (PFC)
Camp Murray #1 (253) 512-7753 #1 Cell: (253) 242-0721
#2 Cell: (253) 307-6647

Family Assistance Center (FAC) Coordinator
For emergency assistance call 1-800-364-7492
Camp Murray: (253) 945-1869 Cell: (253) 355-5124
Website: https://www.mil.wa.gov/family-programs

Family Assistance Specialists (FAS)
Olympia: (360) 704-6707 Cell: (360) 628-7195
Marysville: (360) 436-2423 Cell: (253) 355-6388
Bremerton: (360) 473-2411 Cell: (253) 355-5875
Yakima: (509) 469-4638 Cell: (509) 844-4059
Moses Lake: (509) 762-3754 Cell: (509) 630-0701
Pasco: (509) 545-2031 Cell: (253) 355-5936
Spokane: (509) 532-2775 Cell: (509) 844-1115
Kent: (253) 512-8766 Cell: (253) 208-8602
Vancouver: (360) 604-7303 Cell: (253) 355-6239
PCRC: (253) 512-1350 Cell: (253) 254-1906
Camp Murray: (253) 512-8367 Cell: (206) 473-2896

Child & Youth Services (CYSS) Coordinators
(253) 512-7985 Cell: (253) 548-4942 (Lead)
(253) 512-1356 Cell: (509) 464-9392

Family Readiness Support Assistants (FRSA)
81st SBCT (253) 512-8506
96th TRP CMD / 56th TIOG (253) 512-4890
96th ATC / 10th CST / JFHQ / MEDCOM (253) 512-8803
1-161st IN / 420th CHEM / 205th REGT (509) 532-2741

Airmen & Family Readiness Program Managers (AFRPM)
Camp Murray: (253) 512-3397 Spokane: (509) 247-7009

Survivor Outreach Services (SOS)
Camp Murray: (253) 512-8756 Cell: (253) 202-0982
Kennewick: (509) 734-7052 Cell: (253) 376-1889
QUESTIONS?