Plan to be on your own for at least 2 weeks.

Keep at least 2 weeks of supplies in your home. Have smaller kits for work, for every family member, and pets. Have a vehicle safety kit too.
BE PREPARED

MAKE A PLAN

Determine an accessible meeting place in case you have to leave your home or work, so you can reunite your family.

* Form a neighborhood group: for examples and suggestions, see Map your Neighborhood at: emd.wa.gov/myn

* Determine an accessible meeting place in case you have to leave your home or work, so you can reunite your family.

* Help organizations in your neighborhood that may need support during a disaster

* Attend free disaster skills workshops offered by your local emergency management office and learn basic survival skills

LEARN ABOUT DISASTER PLANS FOR

- Your work
- Your children’s school
- Your medical and/or transportation provider
- Other places where your family spends time

DEVELOP A COMMUNICATIONS PLAN

- Write down emergency contact information
- Texts are more likely to go through
- Have an extra cell phone charger and batteries
- An out-of-area contact can serve as a relay point for family communication

HELP EACH OTHER

- Know how you’ll help people and pets who normally rely on you

Check with your local emergency management office to:
- Find out what hazards could affect your home and place of work
- Sign up for emergency alerts and notifications
- Identify your local emergency alert system (EAS) radio stations
- Know your evacuation and alternate transportation routes
**ACTIONS TO TAKE DURING A QUAKE**

**DURING THE SHAKING**

- **DROP**
- **COVER**
- **AND HOLD ON**

If there is no table around, get lower than the other furniture.

**THINK**

- **BENEATH**
- **BESIDE**
- **BETWEEN**

**AFTER THE SHAKING**

**CHECK YOUR BUILDING:**

- For structural damage
- Shut off the water at the main valve
- Shut off gas **only if you:**
  - Smell natural gas
  - Hear hissing
  - See the dial spinning rapidly

**FOR MORE INFORMATION**

- Local television
- Your local Emergency Management office
- Emergency radio stations NOAA weather radio channels
- Twitter @waEMD
- Facebook facebook.com/WashEMD