



SOLDIER & FAMILY READINESS TRAINING OPPORTUNITIES

The Soldier & Family Readiness Trainings are VIRTUAL training sessions building the skills and tools to successfully meet the challenges of the military lifestyle. Readiness is a continuous motion. We can also accommodate sessions in person, and around your schedule.

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| 06 JUL 2023 | 1400-1500 | CAR BUYING HANK TAIMANGLO 360-436-2423/DANA TWIGHT 360-322-2055 |
| 20 JUL 2023 | 1400-1500 | CAR BUYING HANK TAIMANGLO 360-436-2423/DANA TWIGHT 360-322-2055 |
| 03 AUG 2023 | 1400-1500 | CAR BUYING HANK TAIMANGLO 360-436-2423/DANA TWIGHT 360-322-2055 |
| 04 AUG 2023 | 1000-1130 | RESILIENCE LESLIE BURKS 509-532-2775 |
| 08 SEP 2023 | 0900-1030 | OPSEC/ MULTIMEDIA TRAINING FOR VOLUNTEERS MICHAEL BERNDT 509-469-4638 |
| | 1500-1630 | SFRG VOLUNTEER ROLES. RECRUITING AND RETAINING VOLUNTEERS MICHAEL BERNDT 509-469-4638 |
| 18 OCT 2023 | 1300-1430 | INTRO TO SFRG BEA WARNER 253-254-1906 |
| 04 NOV 2023 | 1000-1130 | COMMANDERS TRAININGS BEA WARNER 253-254-1906 |
| 06 DEC 2023 | 1000-1130 | TREASURE TRAINING BEA WARNER 253-254-1906 |
| 05 APR 2024 | 1500-1630 | BUILDING READINESS AND RESILIENCY IN THE SFRG MICHAEL BERNDT 509-469-4638 |
| 08 JUN 2024 | 1200-1330 | MY LIFE IN A BOX MARK DEANDREA 253-912-3143 |

For more information or to enroll, contact the Military Soldier & Family Readiness Specialist (MFRS) listed above. For general information regarding the Soldier & Family Readiness Program, please contact Deb Discolo at 253-512-7869