

WASHINGTON YOUTH CHALLENGE ACADEMY



PARENT HANDBOOK

2023-1

Respect Integrity Professionalism Commitment

TABLE OF CONTENTS

MISSION STATEMENT	Page 3
PROGRAM STAFF DIRECTORY	Page 4
GENERAL GUIDANCE	Page 5
EDUCATION AND TRAINING	Page 8
SMALL UNIT TRAINING	Page 11
CADET AGREEMENT	Page 11
PARENT PROMISE	Page 13
POST RESIDENTIAL	Page 13
PLACEMENT	Page 14
FAMILY EDUCATIONAL RIGHTS & PRIVACY ACT	Page 15
MANDATORY REPORTING	Page 15
NON-DISCRIMINATION POLICY	Page 15
APPENDIX A: COURSE CATALOG	Page 16
APPENDIX B: PACKING LIST (MALE)	Page 17
APPENDIX C: PACKING LIST (FEMALE)	Page 19



Our Mission

The mission of the Washington Youth ChalleNGe Academy is to provide a highly disciplined, safe, and professional learning environment that empowers at-risk youth to improve their educational level and employment potential to become responsible, productive citizens of the State of Washington.

The Washington Youth ChalleNGe Academy logo represents a long tradition of the National Guard Youth ChalleNEe Program. The colors red, white, and blue symbolize the tradition of freedom that we experience as Americans. The color yellow represents fire from the torch of knowledge, which is the foundation of our program. The olive branches represent not only the first symbolic icons of scholars in Greece, but also today's icon of peace. The State of Washington and the sunset in the background are representative of our great Evergreen State, the lineage of the Washington National Guard, and its participation with the Sunset Division that originated from the Pacific Northwest. Inside the symbol of the State of Washington is the "Youth Portion" of the National Guard Youth Challenge Program symbol, arising from a book of knowledge representing the education and leadership taught by the Washington Youth ChalleNGe Academy. Finally, the torch of knowledge toward the bottom of the logo is illuminating our motto "Today's ChalleNGe...Tomorrow's Success."

PROGRAM STAFF DIRECTORY

1 (360) 473-XXXX

First.Last@mil.wa.gov

Amy Steinhilber x2612Director
Dennis Kerwood x2621Deputy Director
(Vacant) x2609.....Administrative Assistant to the Director
Christopher Acuña x2632.....Commandant
Patrick Cruz x2659Programs Support Officer
Michael Porter x2613.....Training Coordinator
Elizabeth Bergmann x2611Recruiting/Placement/Mentoring
Jenn Brystol x2614.....Mentor/Placement
Tracy Grauman x2634.....Registered Nurse
Melissa Faulkner x2480.....Counselor
Rick Brownell x2649Principal
Teresa Walker x2602Education Program Coordinator

Platoon Staff

Cadre

1st Platoon x2641/2628 LT Darrell Stoops
2nd Platoon x2637/2638..... LT Steven Wood
3rd Platoon x2627/2640..... LT Ayesha Willis

Case Managers

1st Platoon x2619/2618 Benjamin Mulkey / Martha Martinez
Cell:..... (360) 536-7159 / (253) 433-5687
2nd Platoon x2620/2616..... (Vacant) / Amie Meyer
Cell:..... (253) 325-0560 / (360) 536-7253
3rd Platoon x2629/2423 Nicole Helou / Gena Dickerson
Cell:..... (253) 533-1623 / (360) 536-7422

Counselors

1st Platoon x2629..... Cristopher Llamas
2nd Platoon x2480..... Melissa Faulkner
3rd Platoon x2631 Colette Lyons

WASHINGTON YOUTH ACADEMY
“BUILDING RESILIENCY THROUGH RIGHT RELATIONSHIPS”

GENERAL GUIDANCE

1. **General:** Washington Youth ChalleNGe Academy (WYCA) begins with a two-week acclimation period (evaluation phase). The following nineteen weeks comprise the residential phase with a commencement scheduled for the end of week 22. Upon completion of the residential phase, Cadets enter the 24-month post-residential phase.
2. **Hours of Operation:** The normal administrative staff hours of operation for WYCA are 8 a.m. to 5 p.m., Monday through Friday. If you need to contact someone at the Academy, please refer to the staff directory in this handbook or on the website.
3. **Mailing Address:** Mail is **EXTREMELY IMPORTANT** to your Cadet and we encourage you to write as often as possible. Please limit packages to items on the packing list (see Appendix B or C) without express permission from your Cadet's Platoon LT. Please do NOT send food or money. The mailing address is:

Cadet's Name (**Cadet** First/Last Name)
Platoon #
Washington Youth Academy
1207 Carver Street
Bremerton, Washington 98312

4. Please notify our office of any changes in your phone numbers or address. We periodically send information home and must maintain current information for the post residential phase.

Pass Schedule: There will only be one home pass during the Memorial Day holiday. We will have a family day—a day for families to visit the Academy—on April 15, 2023 unless the Academy is working through a COVID-19 outbreak. To mitigate the exposure and spread of the COVID-19 virus, the program cannot authorize additional visits to campus during this cycle. We recognize this is difficult for Cadets, their families, mentors and friends. Requests for Cadets to visit their homes this cycle will not be authorized outside of the home pass. Early withdrawal would be the only option and is not recommended, as it will result in no earned credit or certificate of completion. Your cadet will not be released for the Memorial Day home pass with anyone other than the legal parent or guardian or to commercial transportation (with arrangements made well in advance), unless you have authorized other arrangements **in writing**. Your cadet is required to remain alcohol and drug free during passes; cadets will be tested upon their return. For safety reasons, cadets traveling by bus and air do not travel in uniform.

Home Pass **Pick-up:** May 26 at 12:00 PM at WYCA Armory
 Return: May 30 by 12:00 PM on Carver Street.

For cadets that live in the Yakima, Spokane, Wenatchee, Tri-Cities, Bellingham and Vancouver areas, we will allow the families to purchase flights for the Home Pass. To ensure maximum accountability and fairness for all cadets, WYCA requires that all cadets travel ONLY on the flights listed in the "Home Pass Flight Information Memo," without

exception. We will publish the “Home Pass Flight Information Memo” to parents not later than the second week of March. Families who wish to utilize this option, must make arrangements in advance. Please follow these guidelines:

a. Parents will purchase tickets for Home Pass and email them to their Platoon LT or MSG no later than May 16, 2023.

b. If parents DO NOT purchase tickets 10 DAYS PRIOR to Home Pass, they must pick-up their cadets for Home Pass at the release time. Parents and families are not authorized to purchase tickets after the proposed dates.

Late arrangements and/or alternate flight times will NOT be authorized. There are specific flights that work best with the training schedule for the Home Pass period. If you are not able to book on the specified flights listed on the “Home Pass Flight Information Memo,” flying during Home Pass will not be an available option for your cadet. All flight arrangements made will need to be communicated to your cadet’s Platoon Supervisor NO LATER THAN May 16, 2023.

We will test Cadets for COVID-19 upon their return from Home Pass. If they test positive, we may request they return home for their isolation period.

5. **LAUNCH PLACEMENT:** Late in the cycle, Case Managers will facilitate a meeting between each Cadet and their respective hometown school counselor, likely on Zoom or some other virtual meeting platform. We term this “launch placement.” It is essential for assessing how the credits earned in our program will integrate into their hometown school transcript as well as either planning their next academic semester or their graduation. It’s also essential that you provide us your Cadet’s hometown school contact information if your Cadet will not return to the same school they last attended. If you would like to participate in this meeting, please inform your Cadet’s Case Manager. In the unlikely event that we do not complete this launch placement meeting, your Cadet’s Case Manager may request you assist in coordinating this meeting between your Cadet and their hometown school counselor after completion of the residential phase of our program. If this is the case, please don’t overlook the fact that you’ll want to coordinate it as quickly as possible before counselors depart for summer vacation. Parents/guardians will also need to assist in finding their Cadet opportunities in their hometowns to return to a productive “placement” in either school, employment, military service, or official volunteer work beginning mid-June or early July 2023.

6. **Phone privileges:** Cadets will have access to phones on Sunday, following the acclimation period. Cadets in good standing may be offered the ability to link to you via Microsoft Teams or Zoom appointments weekly, coordinated by their Cadre and/or Counselors. Given the limited visitations and home passes, Cadets will always be able to call home for at least a short period of time, regardless of their individual performance status. MAIL IS EXTREMELY IMPORTANT; please **write your Cadet as often as possible. When Cadets struggle with their commitment or have behavior issues, we often discover through intervention that the reason for the issue is due to homesickness. Receiving letters from loved ones helps Cadets cope with their new environment. By writing letters often, you increase the chances that your Cadet will complete the program.**

7. **Program Presentations:** We are available to make presentations to organizations and educational institutions throughout the state. If you are a member of an organization or an educational institution that would like to have a WYCA presentation, please contact the WYCA Recruiting, Placement, and Mentoring Coordinator at (360) 473-2611 or wya.applications@mil.wa.gov. The Outreach team has become very proficient in virtual tools and technologies.

8. **Health Center:** WYCA does not provide health insurance. The WYCA Health Center staff will arrange for Cadets to be seen by a health care provider if the Cadet is seriously ill, injured and/or a physician's opinion is necessary for any medical treatment. Most medical needs that cannot be taken care of by the WYCA Health Center staff require that a Cadet be seen by a doctor. We request that Cadets without medical insurance complete the requirements to qualify for Medicaid and/or understand that parents/guardians will incur the cost of medical bills. Nurse Tracy Grauman leads the WYCA Health Center; please contact her regarding health care questions or concerns at (360) 473-2634.

a. THE NATIONAL GUARD YOUTH CHALLENGE PROGRAM COOPERATIVE AGREEMENT REQUIRES ALL CADETS TO BE NOTIFIED OF THE FOLLOWING WITH REGARD TO MEDICAL COSTS:

b. The Federal Employees Compensation Act (FECA) authorizes program Cadets FECA coverage during the Residential Phase by recognizing them as Federal employees (GS-2) while in attendance in the program. Injured Cadets must be processed through FECA when injuries are sustained as a result of participation in the program. The FECA claims submission and coordination process is conducted within the State. The FECA Point of Contact (POC) is usually found in the Human Resource Office (HRO). Should you need help in coordinating with your FECA POC, you may contact NGB-HBR.

9. **Legal Status Communication:** The National Guard Youth ChalleNGe Program-Cooperative Agreement (NGYCP-CA) requires Youth participants (Cadets) be informed of the following:

a. Participants receiving training under the program established by this guidance are neither Federal employees nor members of the National Guard.

b. The participants shall be considered Federal employees under Subchapter I of Chapter 81 of Title 5, U.S. code, for the purpose of compensation for work injuries; and for the purpose of Sections 1346(b) and Chapter 171 of Title 28, U.S. Code, and any other provisions of law relating to the liability of the United States for tortious conduct of employees of the United States.

c. The participants shall not be considered to be in the performance of duty while not at the assigned location of training or other activity authorized in accordance with the program agreement except when the participant is traveling to or from the location or is on pass from that training or other activity.

d. In computing compensation benefits for disability or death, the monthly pay of a participant shall be deemed that received under the entrance salary for a grade GS-2 Federal employee.

e. The entitlement of a person to receive compensation for a disability shall begin on the day following the date that the person's participation in the program is terminated.

10. Emergency Preparedness Plan: In the event your Cadet contracts COVID-19 while in residence, our plan is to keep them in isolation here at the WYCA campus. If they test positive returning from home pass, we may request they return with you to isolate at home. We test both Cadets and staff routinely in accordance with Department of Health recommendations. We refer you to the WYCA COVID Mitigation Procedures for those specifics, and encourage you to read it and ask questions prior to registering your Cadet in the program.

11. Discharge/Voluntary Withdrawal of Cadet: In the event a Cadet is discharged or voluntarily withdrawals from the WYCA program, it is the responsibility of the Cadet's parent or guardian to immediately pick up the Cadet upon notification by WYCA staff. Voluntary withdrawal is taken very seriously by staff and a series of steps must be taken prior to a Cadet's dismissal. All Cadets must be picked up by a parent or guardian in the event of a discharge or voluntary withdrawal, regardless of the age of the Cadet. No academic credits will be given to a Cadet who is withdrawn early from the program.

12. Worship Services: Voluntary participation in non-denominational worship service is available on Sundays via an external service facilitator or volunteer. These may be in-person or over a virtual format. This will begin after the first two weeks of Acclimation, when the Cadets have become a cohort by CDC and Health District guidance. We accommodate special worship services by request on Fridays; our ability to accommodate specific needs is subject to our ability to coordinate or facilitate them and is dependent on volunteer availability. Cadets who do not participate in worship services are provided with reflection time during scheduled worship services.

13. Special Dietary Requests/Accommodations (Non-Disability): WYCA food service is not required to provide food substitutions or modifications for youth requesting them for personal or religious reasons and who do not have disabilities with medically certified special dietary needs. Accommodations will only be made on a case-by-case basis if parents are willing to provide specially requested food in a manner that supports and does not impede Dining Facility (DFAC) operations for all Cadets. We prefer food deliveries utilize professional delivery services.

EDUCATION & TRAINING

The Washington Youth ChalleNGe Academy has an academic staff with a combined teaching experience of over 70 years. All educators are certified Bremerton School District teachers committed to academic excellence. Our academic environment is safe, structured, has high expectations, and provides individual assistance, state of the art technology and clear academic goals.

1. Academic Credits (credentials): WYCA Cadets can earn a total of eight high school credits (multi-lingual Cadets may earn up to four more) toward a high school diploma, or prepare for the G.E.D. test leading to:

- Return to High School
- Voc-Tech School
- Community College
- Military Service or

- Employment

a. Educational Credential(s): Upon successful completion of the residential phase, Washington Youth ChalleNGe Academy issues a grade report which the next school can use to update credit history. See Appendix A for the list of courses offered. With the exception of math, which varies to the needs of the Cadet, all Cadets take the same courses. An incomplete program will result in no credits being awarded.

b. Career Development Training: The WYCA will provide career development and employability skills training activities designed to enhance the opportunity for Cadets to seek employment following the program. This training will consist of general orientation to various occupations, resume writing, interviewing skills and participation in career fairs, as available. All Cadets are required to pursue and obtain proof of a placement in school, employment, or voluntary service prior to commencement. This placement must begin during the first month directly following commencement from the residential phase.

c. Armed Services: There is no obligation for military service associated with enrollment in WYCA. For students that desire to enlist in the military, WYCA will coordinate recruiter contact with the desired branch of the armed forces. Meeting all other requirements for enlistment is the responsibility of the Cadet applying for enlistment (education, test scores, police record checks, medical examinations, etc.).

d. Continued Education: For students who desire and have the aptitude to pursue additional education, the WYCA will provide general counseling services, to include help selecting a school or program, preparing an application for admission (excluding fees), and preparing an application for financial aid. With the exception of the educational award (see above), the program makes no representation as to provision of financial aid for continued education or training.

2. **Successful Completion:** Successful completion of the Washington Youth ChalleNGe Academy is based upon growth in each of the eight core components and development of a complete Cadet Achievement Plan (CAP). Completion date will be scheduled approximately five and one-half months after enrollment of a class, and an appropriate ceremony will be conducted. The student must meet the following requirements to receive a Certificate of Completion from the Washington Youth ChalleNGe Academy:

a. Life Coping Skills. Demonstrated by the enhancement of self-esteem and self-worth, understanding of basic economics and personal financial management, drug and alcohol avoidance strategies, and coping strategies such as dealing with conflict, death or separation of loved ones, skills required to obtain and maintain employment, understanding group dynamics and developing win-win strategies through conflict resolution techniques.

b. Academic Excellence. Demonstrated by improving academic grade levels as determined by the TABE test, completion of high school credits, pursuit of post-secondary education, pursuit of continuing education, obtaining a remedial basic education, computer awareness and literacy, and awareness of library use for general purpose.

c. Job Skills Training. Demonstrated by exploring vocational/technical school options,

demonstration of academic skills such as research and writing, entry-level job skills training and awareness, completion of a resume and mock interviews, and understanding of career field clusters. Cadets will participate in the Armed Services Vocational Aptitude Battery (ASVAB).

d. Responsible Citizenship. Demonstrated by knowledge and understanding of the U.S. Constitution and government to include the voting process and respect for law and order, and appreciation and understanding of service to country/state/community through volunteerism and the military. Cadets who are eligible will register to vote and for Selective Service.

e. Leadership/Followership. Demonstrated by understanding group dynamics and understanding the importance of roles within groups, emphasis on practical applications of multiple leadership/followership in student activities, understanding the ethical and moral dimensions of leadership, and understanding the responsibilities of leadership/followership. Cadets will successfully complete a leadership/ followership assessment.

f. Health Hygiene and Sex Education. Demonstrated by understanding the effects of substance abuse on physical health and well-being, understanding proper nutrition and daily diet, understanding sexually transmitted diseases and infections, and understanding the achievement of good health through a holistic approach that combines physical and spiritual well-being.

g. Physical Fitness. Demonstrated incremental improvement in physical well-being to include endurance, stamina, and strength.

h. Community Involvement and Service to Community Projects. Demonstrated by participation in community self-help projects, community activities that benefit the community, and in community organizations that have as their goals the enhancement of the community at-large.

i. Cadet Achievement Plan (CAP). Demonstrated knowledge and ability to set and reach goals through creation and development of a personal action plan. CAP includes SMART short term, intermediate and long-term goals (SMART=Specific, Measurable, Attainable, Realistic, Time-bound). Provide proof of “launch placement,” (placement during the first post-residential month) in the form of an official letter, contract, or completed enrollment form from an employer, school, military recruiter, or volunteer organization.

SMALL UNIT TRAINING

The WYCA offers several different activities (these are similar to after school clubs but do not provide additional credits) the Cadets can sign up for or try out. These activities are referred to as Small Unit Training. The following are what we intend to offer this cycle:

Ranger Cadets Choir	SAPPERS Garden	Art Reading/Book	Archery Various Sports
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CADET AGREEMENT

Cadets participating in the Youth ChalleNGe Program must consent to abide by the rules and regulations governing the Washington Youth ChalleNGe Academy and the National Guard Youth ChalleNGe Program. Cadets sign an agreement that includes the following:

- a) **Cadet Code of Conduct:** The Cadet certifies that he or she understands the Code of Conduct and will abide by these rules for the duration of his or her participation in the program.
- b) **Adherence to Standards:** The Cadet agrees to adhere to the standards prescribed by the Washington Youth ChalleNGe Academy. These standards include the standards of conduct listed in the Code of Conduct, as well as the standards of appearance and grooming listed in the Cadet Handbook.
- c) **Cadet Disciplinary System:** The Cadet agrees to voluntarily participate in the disciplinary system for breeches of the Code of Conduct or other rules and regulations. Consequences may be imposed for infractions, to include loss of privileges, extra duties, and dismissal from the program.
- d) **Dismissal:** For serious or repeated violations of the Code of Conduct, or general refusal to participate in the full range of program activities, a Cadet can be dismissed from the program. Only the Deputy Director, Director or her direct superiors in the administrative chain of command at the Washington Youth ChalleNGe Academy can dismiss a Cadet. Generally, dismissal will be as a result of a Cadet Disciplinary Board, but at the discretion of the Director or Deputy Director, a Cadet can be dismissed at any time if deemed to be a threat to himself/herself or others, or if proven to have used illegal drugs. Parents or guardians of Cadets will be advised of the dismissal and must immediately pick up their youth regardless of the Cadet's age. Dismissal may be appealed in writing or via email to the Director amy.steinhilber@mil.wa.gov within 24 hours. Cadets and their Parents or guardians are responsible for ensuring receipt of all personal items upon check-out and providing written notification to the staff member in charge of check-out of any items missing. The program will not be liable for items not claimed within 72 hours of a Cadet's dismissal.
- e) **Use of Illegal Drugs or Substances:** As a condition of enrollment in the program, Cadets agree to participate at any time in random or scheduled urinalysis testing for illegal drugs. Confirmed use by a Cadet of illegal drugs will be cause for immediate dismissal from the WYCA. Cadets dismissed for using illegal drugs may reapply for

admission to later classes upon presentation of proof of completion of a drug education and rehabilitation program, but readmission will not be guaranteed.

- f) Voluntary Search: Due to the increased requirement for good order and discipline while living in close quarters, the Cadet consents to voluntary search of his/her lockers and other private spaces at any time judged necessary by the platoon supervisor (or appointed designee in the supervisor's absence).
- g) Jurisdiction of Law Enforcement Agencies: While residing aboard the WYCA campus, the Cadet falls under the jurisdiction of the Bremerton Police Department. The staff of Washington Youth ChalleNGe Academy reserves the right to turn serious disciplinary matters over to the Bremerton Police Department for investigation and prosecution in accordance with the laws of the City of Bremerton, County of Kitsap and the State of Washington.
- h) Safeguarding of Property: The Cadet agrees to provide reasonable care in safeguarding of WYCA and personal property. Reasonable care includes securing of WYCA and personal property within locked spaces when not supervised. The Cadet agrees to pay a fee to cover the replacement value of any issue property lost while not exercising reasonable care of property.
- i) Destruction of Program Property: Any Cadet who willfully, or as a result of negligence, destroys or damages program property agrees to pay the replacement or repair cost of any property so damaged.
- j) Return of Program Property: The Cadet agrees to return all program property to the WYCA upon graduation, voluntary withdrawal or dismissal. Certain property may be retained in accordance with current policy, and the Cadet will be required to pay for all items not returned, or returned but exhibiting more than reasonable wear and tear.
- k) Adherence to Program Schedules: Cadets must complete the required training days scheduled and will not be authorized leaving campus for any reason, including family special events or hardships. Such emergencies will need to be measured against the necessity to withdraw the Cadet for the class cycle, preventing their ability to complete the program and receive any of the benefits (including academic credits).
- l) Visitation by Family or Friends: Cadets are **not** allowed to have "in-person" visits by family or friends other than on Family Day and Home Pass. Other "virtual style" visits may be arranged as coordinated by Counselors and other staff members or Cadre. Scheduled and published mentor events will be online only and include only the WYCA designated mentor for the Cadet; these are not for the purpose of family or friends.
- m) Leave of Absence for Medical Purposes: If a Cadet incurs an illness or injury which precludes continued participation in the full scope of activities which comprise the WYCA program, this will preclude graduation with the class and the Cadet will be required to withdraw and reapply to a subsequent class at its beginning. Please refer to the WYCA COVID-19 Mitigation Procedures on our website.

- n) Voluntary Early Withdrawal: Enrollment in the Washington Youth Academy is sought by many highly qualified young adults desiring to make a difference in their lives. Each Cadet who begins the program occupies a space sought by two other applicants. For this reason, voluntary withdrawal denies the benefits of participation to other young adults desiring to participate fully in the program. Therefore, acceptance into the program requires a **firm commitment** and persistence, by each Cadet and his/her family, to complete the program. Recognizing that enrollment is a conscious decision of the applicant and parents, as a condition of acceptance into the program, the Cadet agrees not to voluntarily terminate participation in the WYCA for any reason not involving compelling personal circumstances. If this occurs, the parents/guardians understand they must immediately come and pick up their youth regardless of the Cadet's age. Cadets who voluntarily withdraw within the first eleven weeks of the program are eligible to reapply (but are not guaranteed admission) to the next class cycle. Cadets who voluntarily withdraw after the 11th week of the program must wait six months before any request to re-apply will be considered.

PARENT PROMISE

Parents are asked to commit to the following promise in the form of an oath on Intake Day (Day Zero):

I am a National Guard Youth Challenge Parent.

I will hold you accountable for your actions and support you through the journey ahead of you.

I will be here for you at every turn in the road and I will remind you every day what an amazing individual you are becoming.

POST-RESIDENTIAL PHASE

The twenty-four (24) month post-residential phase will begin immediately upon completion of the twenty-two (22) week residential phase. To successfully complete the post residential phase, the graduate must:

- Contact their assigned Case Manager a minimum of once a month for the entire twenty-four (24) month post-residential phase. The contact may be via phone, text, email, in person, or Facebook Message. To count as an official contact, the conversation must include a brief discussion of their placement.
- Be engaged in a productive placement (including education, employment, volunteer service, military service, training programs or a combination of these activities) for a minimum of 25 hours weekly.

PLACEMENT

When the Cadets return home they are REQUIRED to provide proof of placement in order to remain in good standing with the WYCA. Proof can be in the form of an official letter from an employer, a school, volunteer agency, training program or military contract. Documents verifying a placement for the first post residential month (the first 30-days after commencement) should state what date the Cadet will start and how many hours per week he/she will contribute/attend. It should also include the employer/school/ agency address, a person to contact, and email/phone contact information.

Cadets providing proof of placement for month one will receive a special certificate of recognition from the Academy.

As parents of WYCA Cadets, we know how proud you will be of the changes your youth will make while attending the program. As a program that is part of the National Guard Youth ChalleNGe program, success is measured based on your youth's "placement" during each month of the 12-month post-residential phase. "It is this data that effectively captures the transformation of high school dropouts into contributing citizens, and it is this information that is reported to Congress each year" (*National Guard Youth ChalleNGe Placement White Paper*, Dare Mighty Things, Inc., 2002, p.1).

"Placement" is defined as participating for at least 25 hours a week in one or more of the following activities during the Post-Residential Phase:

- Training/School (full-time, continuous education, high school or college, job/vocational training, Job Corps, NCCC, etc.)
- Work (internship, apprenticeship, paid job)
- Military (enlisted active duty, reserves, national guard)
- Formal volunteer position

While at the Academy the Cadets will participate in and benefit from many opportunities to expand their awareness of work ethics, career assessments, job search skills, work readiness, healthy choices, reputation building, service leadership, etc. Parents, families, mentors, and friends can assist Cadets in this effort by helping them apply for jobs, register for school, apply to colleges, register with local employment agencies, schedule visits to recruiters and help them look into volunteer opportunities in their communities.

FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT (FERPA)

Family Educational Rights and Privacy Act (FERPA) is a Federal law that protects the privacy of student educational records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education. For additional information, you may call 1-800-872-5327. The office is located in Washington D.C.

MANDATORY REPORTING OF ABUSE

When a staff member of the Washington Youth ChalleNGe Academy has reasonable cause to believe that a Cadet has suffered abuse or neglect, the staff member has a legal responsibility to make a report to the Child Protective Services (CPS). Upon receiving a report, CPS will investigate and determine future action. Likewise, our volunteer mentors, once screened, trained, and officially matched, are also mandatory reporters.

NON-DISCRIMINATION POLICY

The Washington Youth ChalleNGe Academy, in accordance with Title VI, the Civil Rights Act, Washington State law and WA MIL Department policy, does not discriminate based on age, sex, sexual orientation, gender expression or gender identity, marital status, race, creed, color, national origin, or disability.

[**Title VI, the Civil Rights Act**, Title IX of the Education Amendments of 1972; Family Educational Rights & Privacy Act (FERPA); *G.G. ex rel. Grimm v. Gloucester Cty. Sch. Bd.*, 15-2056, 2016 WL 1567467 (4th Cir. Apr. 19, 2016); *Glenn v. Brumby*, 663 F. 3d 1312, 1314-1321 (11th Cir. 2011); *Doe v. Yunits*, 15 Mass. L. Rptr. 278, at 4-6; WAC 162.32, RCW 49.60, RCW 28A.300.285, RCW 28A.642.010; WAC 392-190-005; WA MIL Dept. Policy No. HR-209-02]

APPENDIX A: COURSE CATALOG

Washington Youth Challenge Academy Courses Session 2023-01

State Course Code	W.Y.C.A. Course	Course Description	Teacher	Credits	CADR	CIP
04305	SST 330	Social Studies	C. Capps	1.0	(B)	
22151	JLS 235	Career Exploration	D. Evans	0.5		
19262	JLS 440	Personal Finance	D. Evans	0.5		
21009	CTE 430	Robotics Foundations	A. Morales	1.0		150406
03210	SCI 165	Physical Science and Engineering with lab	J. Lundberg	1.0	(B)	
22104	JLS 421	Community Service	J. Lundberg	0.5		
08057	HED 425	Health and Life Management	M. Neyman	0.5		
08005	FIT 210	Personal Fitness	M. Neyman	1.0		
01992	ENG 241	English Proficiency Development	I. Buium	1.0	(B)	

CADR = College Academic Distribution Requirements - (B) designates this course meets CADR.
CIP = Classification of Instructional Program, Career/Technical Education Course.

Washington Youth Challenge Academy Courses Session 2023-01

State Course Code	W.Y.C.A. Course	Course Description	Teacher	Credits	CADR	CIP
02051	MAT 131	Pre-Algebra Semester 1 **	M. Zmolek	0.5		
02051	MAT 132	Pre-Algebra Semester 2 **	M. Zmolek	0.5		
02074	MAT 220	Principles of Algebra and Geometry Semester 1	M. Zmolek	0.5	(B)	
02074	MAT 221	Principles of Algebra and Geometry Semester 2	M. Zmolek	0.5	(B)	
02137	MAT 302	Modeling Mathematics Semester 1	M. Zmolek	0.5	(B)	
02137	MAT 303	Modeling Mathematics Semester 2	M. Zmolek	0.5	(B)	
02110	MAT 430	Pre-Calculus Semester 1 – <i>Independent Study</i>	M. Zmolek	0.5	(B)	
02110	MAT 431	Pre-Calculus Semester 2 – <i>Independent Study</i>	M. Zmolek	0.5	(B)	
02121	MAT 440	Calculus Semester 1 – <i>Independent Study</i>	M. Zmolek	0.5	(B)	
02121	MAT 441	Calculus Semester 2 – <i>Independent Study</i>	M. Zmolek	0.5	(B)	
02201	MAT 530	Probability and Statistics Semester 1 – <i>Independent Study</i>	M. Zmolek	0.5	(B)	
02201	MAT 531	Probability and Statistics Semester 2 – <i>Independent Study</i>	M. Zmolek	0.5	(B)	

CADR = College Academic Distribution Requirements - (B) designates this course meets CADR.
CIP = Classification of Instructional Program, Career/Technical Education Course.

**** Requires special permission of the Principal**

Students are enrolled in up to 1.0 credit of math

APPENDIX B: PACKING LIST (MALE)

Most of the personal items on this list can be purchased from stores such as: Wal-Mart, Fred Meyer, Rite-Aid, Target and Walgreens, online through Amazon. Quality athletic footwear, outdoor clothing and gear can be purchased from stores such as: Sports Authority, Joes Sporting Goods, Footlocker, Big 5, Cabela's and REI.

The BRAND pictured are not the only brand that can be purchased. It's the type of product, not necessarily the brand, that is required.

Items are **ONLY** to be packed in a XXL Ziploc bags. No more than 2 bags are allowed. No luggage, backpacks or duffel bags of any sort. No shoe boxes.



Hygiene/Shower Items

Note: Hygiene items are to be placed in 1-gallon Ziploc bags

- 1 can of shaving gel. (No foam.)



- 1 stick of deodorant. (Non-aerosol.)



- 1 tube of toothpaste.



- 1 toothbrush and 1 plastic toothbrush "travel" type holder.



- 1 containers of dental floss. (No flavor.)



- 1 bars of personal body soap with container or generic body wash.



- 1 bottle of lotion generic brand. No perfume or scent.



- Acne wipes (Optional).

- 1 bottle of face wash (Optional).

- 3 white bath towels and wash cloths.



Clothing

- ☐ Males – 7-12 Pairs of black/gray cotton underwear or boxer-briefs



- ☐ 2 SETS OF THERMAL TOP AND BOTTOMS (BLACK ONLY)



- ☐ 4 pairs of black spandex or compression shorts-thigh length. (Worn during PT)



Footwear

12 pairs (packaged) of black crew, cotton or polyester athletic socks (no ankle socks).

1 shoe care kit (pack in zip lock bag or zipper pouch: Black KIWI shoe polish (*No express shine*), applicator brush, and buffing cloth or brush). **NO LIQUID POLISH OR AEROSOLS-Don't bring tan polish.**



Personal Items

3 books of stamps (at least 60 stamps total in an envelope with candidate's name).

1 packet of college rule paper.

1 box of 3-5/8"x 6- 1/2" white envelopes.

1 box of black retractable ballpoint pens, 12 per box.

1 box of #2 pencils with eraser tips, 12 per box.

1 small personal address book (palm size)-no metal binding w/addresses and phone numbers in it.

1 Journal - composition notebook 100 sheets, with college-ruled lines. Sewn pages. No wire binding.

1 pad of graph paper - 5X5 (5 squares per inch), 11x 8.5" Engineering Graph Paper pad. 55 sheets.

1 pair of prescription eye glasses with collar hold. Disposable contacts are allowed, but you must have a pair of glasses as backup. EYEWEAR IS TO BE CLEAR. NO STYLE/COLORS. NO TRANSITION LENSES (THAT DARKEN IN SUNLIGHT) UNLESS PRESCRIBED.

1 small eye glass repair kit or contact lens cleaning kit & case for glasses/contacts (if wearing glasses/contacts)

Foam ear plugs. **Optional**

Black sleeping eye mask. **Optional**

Bible or other religious materials (only brought in on day 0 will be allowed). **Optional**

Appropriate photographs of family and friends. **Optional**

APPENDIX C: PACKING LIST (FEMALE)

Most of the items on this list can be purchased from stores such as: Wal-Mart, Fred Meyer, Rite-Aid, Target and Walgreens, online through Amazon. Quality athletic footwear, outdoor clothing and gear can be purchased from stores such as: Sports Authority, Joes Sporting Goods, Footlocker, Big 5, Cabela's and REI.

The BRAND pictured is not the only brand that can be purchased. It's the type of product, not necessarily the brand, that is required.

Items are **ONLY** to be packed in a XXL Ziploc bags. No more than 2 bags are allowed. No luggage, backpacks or duffel bags of any sort. No shoe boxes.



Hygiene/Shower Items

Note: Hygiene items are to be placed in 1-gallon Ziploc bags

1 stick of deodorant (Non-aerosol.)



1 tube of toothpaste



1 toothbrush and 1 plastic toothbrush "travel" holder



1 container of dental floss. (No flavor.)



1 bar of personal body soap with container or generic body wash.



1 bottle of lotion generic brand. No perfume or scent.



Acne wipes. (Optional)

1 bottle of Face wash. (Optional)

1 large size bottle of non-alcoholic hair gel.



1 bottle of hair grease.



3 white bath towels and wash clothes.



Sock bun kit. Foam doughnut found at Walgreens, Wal-Mart, Claires.

2 bottles of shampoo (25 oz. size).

2 bottles of conditioner (25 oz. size).

3 month supply of feminine hygiene products.



1 detangler brush and 1 bristle brush.

Elastic hair bands-same color as hair (barrettes, clips, bobby pins allowed, same color as hair). (No scrunchies, elastic or plastic headbands).

Nighttime head coverings. Black, brown, grey, white only. (Optional).

Clothing

7-12 pair Hipsters or Cotton Stretch Briefs – black, grey (NO white) All black can be found on Amazon.



5-7 sports bras. No lace bras. Underwire bras are allowed in sports bra styles for C cup or above. Black, gray and white bras only. These can be found on Amazon.



2 SETS OF THERMAL TOP AND BOTTOMS (BLACK ONLY).



4 pairs of black spandex or compression shorts-thigh length. (Worn during PT).



Footwear

7-12 pairs (packaged) of black crew, cotton or polyester athletic socks. No ankle socks.

1 shoe care kit (pack in zip lock bag or zipper pouch: Black KIWI shoe polish (*No express shine*), applicator brush, and buffing cloth or brush) See photo below. **NO LIQUID POLISH OR AEROSOLS-Don't bring tan polish.**



Personal Items

3 books of stamps (at least 60 stamps total in an envelope with candidate's name).

1 packet of college rule paper.

1 box of 3-5/8"x 6- 1/2" white envelopes.

1 box of retractable black ballpoint pens, 12 per box.

1 box of #2 pencils with eraser tips, 12 per box.

1 small personal address book (palm size)-no metal binding w/addresses and phone numbers in it.

1 Journal - composition notebook 100 sheets, with college-ruled lines. Sewn pages. No wire binding.

1 pad of graph paper - 5X5 (5 squares per inch), 11x 8.5" Engineering Graph Paper pad. 55 sheets.

1 pair of prescription eye glasses with collar hold. Disposable contacts are allowed, but you must have a pair of glasses as backup. EYEWEAR IS TO BE CLEAR. NO STYLE/COLORS. NO TRANSITION LENSES (THAT DARKEN IN SUNLIGHT) UNLESS PRESCRIBED.

1 small eye glass repair kit or contact lens cleaning kit & case for glasses/contacts (if wearing glasses/contacts)

Foam ear plugs. **Optional**

Black sleeping eye mask. **Optional**

Bible or other religious materials (only brought in on day 0 will be allowed). **Optional**

Appropriate photographs of family and friends. **Optional**