

WYA Policies

WYA Mentor Training



WYA Mentor = WYA Volunteer

Policies:

- ▶ Hands Off Leadership
- ▶ HIPAA/FERPA
- ▶ Mandatory Reporting
 - Aces
 - Private Logic



Hands Off Leadership

Includes:

- ▶ Physical touch
- ▶ Words/Tone of Voice
- ▶ Intimidation



HIPAA/FERPA... What???

HIPAA

- Medical info = confidential

Includes:

- ▶ Physical health
- ▶ Mental health
- ▶ Health history
- ▶ Covid status
- ▶ Medications
- ▶ Etc.

FERPA

- School info = confidential

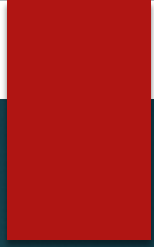
BOTH

- Ask your cadet or Case Manager for info directly
- We can't share their health or school business with others

Not sure what you can say to whom?

Always ask first





Mandatory Reporting

why we can't promise to keep secrets



What to report?

Abuse/Neglect

Physical

Sexual

Emotional

Criminal Activity



When to report?



- ▶ First opportunity
(not longer than 48 hours)

When in doubt, report always!



How to report?

Call **911** in an emergency

Call **1-866-ENDHARM** for
24 hours, 7 days a week
hotline

Details matter

You can call your Case
Manager for support

Youth Suicide Prevention

Washington State Youth Hotlines

National Suicide Prevention Hotline

1-800-273-TALK (8255)



<http://www.suicidepreventionlifeline.org/>





Reporting as **Empowerment**

Return choice
Demonstrate respect
Strengthen the relationship
Reduce isolation



What to Know About ACEs

Please make sure you watch the short video,
"ACES Primer"

This video will be referred to during the rest of
this module.

<https://youtu.be/ccKFkcfXx-c>



ACEs Questions

Before your 18th birthday, did a parent or other adult in the household often or very often...

- | | Yes | No |
|--|--------------------------|--------------------------|
| 1. Swear at you, insult you, put you down, or humiliate you? Or act in a way that made you afraid that you might be physically hurt? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Push, grab, slap, or throw something at you? Or ever hit you so hard that you had marks or were injured? | <input type="checkbox"/> | <input type="checkbox"/> |



ACEs Questions

Before your 18th birthday...

3. Did an adult or person at least 5 years older than you ever touch or fondle you or have you touch their body in a sexual way? Or try to or actually have oral, anal, or vaginal sex with you?
4. Did you often feel that no one in your family loved you or thought you were important or special? Or your family didn't look out for each other, feel close to each other, or support each other?
5. Did you often feel that you didn't have enough to eat, had to wear dirty clothes, and had no one to protect you? Or your parents were too drunk or high to take care of you or take you to the doctor if you needed it?

Yes No

☐☐☐☐☐☐

ACEs Questions

Before your 18th birthday...

Yes No

6. Were your parents ever separated or divorced?

☐☐

7. Was your mother or stepmother often pushed, grabbed, slapped, or had something thrown at her? Or sometimes or often kicked, bitten, hit with a fist, or hit with something hard? Or ever repeatedly hit over at least a few minutes or threatened with a gun or knife?

☐☐

8. Did you live with anyone who was a problem drinker or alcoholic or who used street drugs?

☐☐

ACEs Questions

Before your 18th birthday...

9. Was a household member depressed or mentally ill or did a household member attempt suicide?

Yes No

☐☐

10. Did a household member go to prison?

☐☐

Every “yes” counts as an ACE



ACEs & Private Logic

- ▶ ACEs are experiences
- ▶ Experiences create our **private logic**

Private Logic

- ▶ How you view yourself, others, and the world around you.
- ▶ It's like an invisible backpack that you carry around.



Private Logic

What goes **in** the backpack comes **out** as behavior.

Private logic makes unexpected behavior **100% rational** to the individual in the moment.





Wrapping it Up

All WYA Policies boil down
to **Respect** and **Safety**

ACEs and Private Logic
drive behavior

Positive, supportive
experiences with you help
change their private logic

