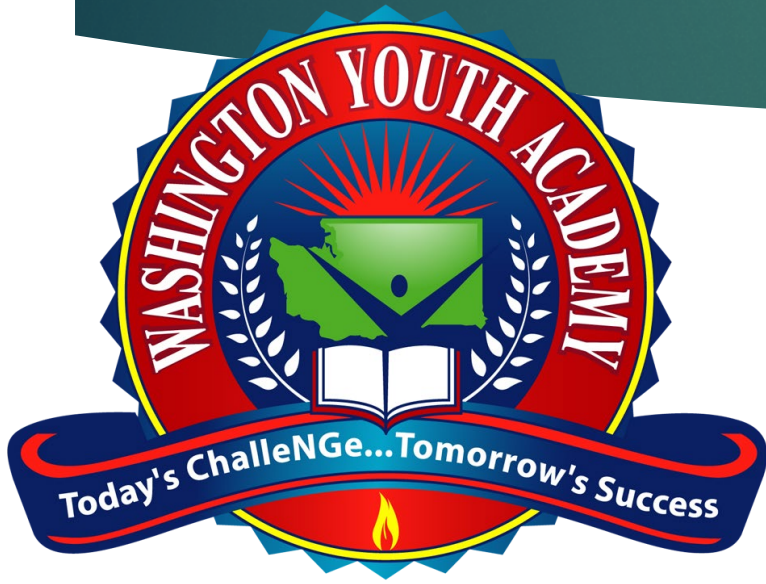


Mentoring in the Post Residential Phase



WYA MENTOR TRAINING



What is Post- Residential Phase?



12 months after the residence phase

Cadet will be PLACED

Cadet will check in with Case Manager once a month


Cadet and mentors will actively communicate for 4-hour face-to-face or 4 contacts each month

Mentor will submit monthly report

Goals

THE NATIONAL GUARD AND THE WYA EMPHASIZE THE IMPORTANCE OF SETTING GOALS FOR ACHIEVEMENT.

Cadets will be taught the process of functional goal setting by creating a set of goals called the Cadet Achievement Plan (CAP)



Characteristics of the Cadet Achievement Plan

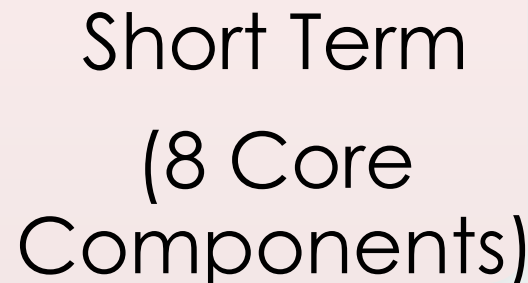
A set of goals, created and driven by the individual, and empowered by a plan of action for the achievement of those goals.

Dynamic,
Flexible, Ever
Changing

Active for entire
Post-Residential
Phase (and
beyond!)



Cadet Achievement Plan



Short Term
(8 Core
Components)



Post-
Residential (12
months after
the program)



Long-Term
(Career
Exploration)



The CAP Teaches Life Skills

Self-
Assessment

Goal
Setting

Action

Adjust the
plan –
never quit!

Experience
failure and
success

Work their
plan

Planning equips
cadets to

S.M.A.R.T. Goals



SPECIFIC



MEASURABLE



ATTAINABLE



RELEVANT



TIME-BOUND

SMART

goals

FLINK



Placement



The cadet's post-residential goal
MUST include PLACEMENT.



Placement is a
collective of 25
hours or more a
week.

School
Work
Volunteer
Military



Verification of Placement



Case Managers

can verify High School Enrollment & Military
Enlistment



Mentors

confirm placement in Mentor Report:

Employment/Volunteer:

Paystubs/Timecard – Weekly hours worked
and hire date

College or Trade School

Enrolled in at least 12 credit hours

Combined Placement

Two or more activities that equal a
minimum of 25 hours a week



**The Magic
Number is 4!!**



Post Residential Contact Requirements

With Cadets:

- ▶ 4 contacts (conversations)
- ▶ 4 hours face-to-face
- ▶ Any combination of the above
 - ▶ Contacts may include video chat, face to face, letters, email, phone calls, texting, Facebook Messenger, etc.

With Case manager:

- ▶ Mentor Report submitted monthly



Reporting Expectations



Mentor Reports due no later than the 15th of every month.



Report contacts – Dates, type, and length



Reports cover half of the previous month to half of the month currently in.



If you plan on being out of town, you can report early.

*You may estimate contact dates if necessary.