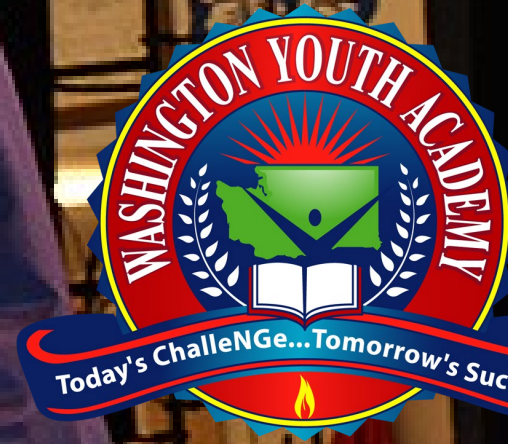


# Importance of Mentorship

WYA Mentor Training



100

- 
- A large, diverse crowd of people of various ages, ethnicities, and genders, all smiling and looking towards the camera. They are packed closely together, filling the frame from the bottom up to the top of the word cloud. The background is a solid light blue, matching the top section of the slide.



# Influences:

- ▶ Violence exposure
- ▶ Messages at home
- ▶ Peer influence
- ▶ Unmet needs
- ▶ Destructive relationships
- ▶ Negative expectations from others
- ▶ Witnessing crime
- ▶ Substance use/abuse

*What can you add?*



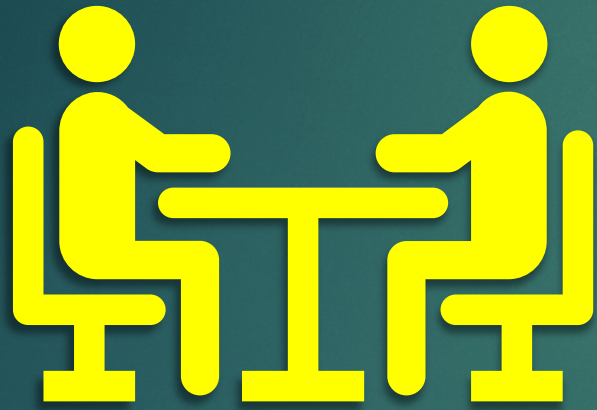


## According to ChalleNGe...

The mentoring relationship is a supportive and encouraging relationship between a mentor and cadet based on trust, communication, and commitment.

# Mentoring is Critical...

Research shows:



- Without structure and support, youth return to old patterns of behavior.
- **Active** mentorship helps to provide that vital support



# Who Mentored You?

None of us do life alone

Who have you looked up to over the years?

What qualities did you appreciate?



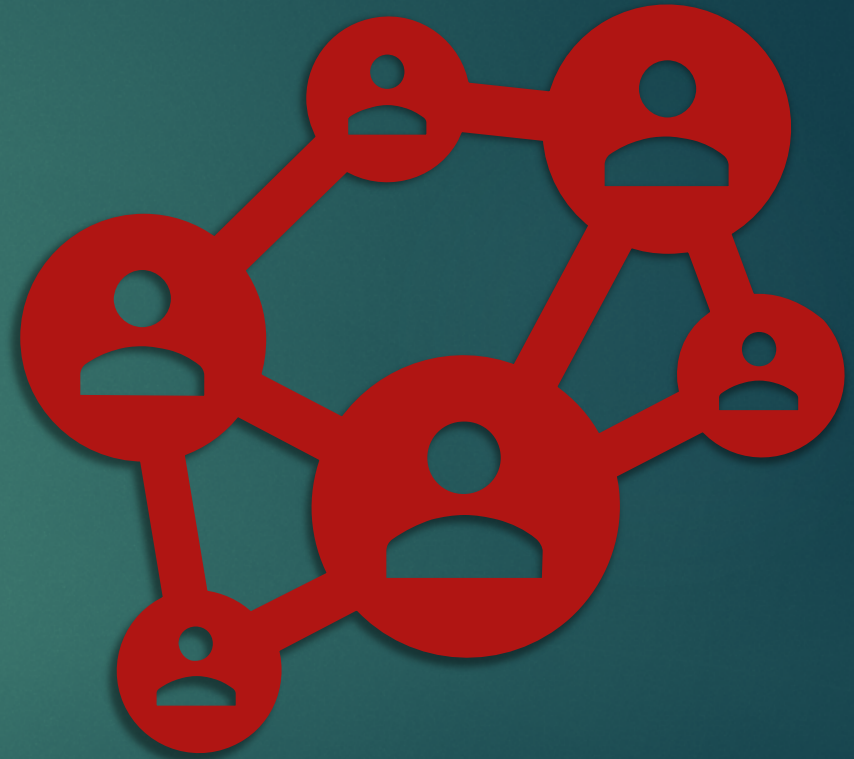
# Why Be a Mentor?

There are as many reason to be a mentor as there are people stepping into the role.

Consider why you want to be a mentor.

What do you bring to the table?

What qualities would you like to pass on?





# Where do you fit in?

- ▶ Commitment
- ▶ Support
- ▶ Consistency
- ▶ Leading by example
- ▶ Compassion



# Mentoring Teenagers

WYA Cadets are still teenagers!

Teens are not known for consistency or gratitude.

They need support, even when they are unpleasant... maybe especially then!



# Characteristics of a Positive Relationship

- ▶ **Committed**
- ▶ **Trustworthy**
- ▶ **Supportive**
- ▶ **Patient**
- ▶ **Positive**

What other traits or characteristics are important for a mentor to have?

What other traits or characteristics are important for a mentor to have?