

Prepare

in a
Year



4. Grab and Go Kit



Everyone should have their own kit (some supplies are for the group). Encourage kids to make their own kits, too, because what's important to them, may not be as important to you. In the event of fire or rapid evacuation, you'll appreciate having more than just the clothes on your back.

How to Store an Evacuation Kit

1. You should take proactive steps to create a kit that you can take with you in times of an emergency that will last you for two to three days as long as it's light weight and easy to carry or tow along.

2. Store these items in something that is portable and easily carried, like a backpack or tub/suitcase with wheels. Place items in plastic bags to protect against water. Plastic bags used for produce (like apples and oranges in a grocery store) could be a good choice. These can later be used for disposing of waste.

Locate these supplies as close to your primary house exit as possible. You may have to find it in the dark or after the upheaval of an emergency. A coat closet may be a good place or as part of a car kit may work as well. Consider keeping this kit in your vehicle. Then, you will always have supplies with you.

Water

For this grab and go kit, keep a supply of water that will last you 2-3 days for each person in your household. This is different than the two-weeks-ready kit for your house.

Only pack drinking water, ~ 1 quart per person per day. (See Water, Step Three). You could also purchase portable water filters or water sterilizers. Remember, a gallon of water per day includes cooking. If you do not cook with grab and go supplies, carrying less water is an option.

Food

Store a supply of food that will last you two to three days. Select foods that require no refrigeration or cooking, and little or no water. Purchase foods you like so it will be easy to rotate items near expiration and consider specific dietary needs as well as chemical/food sensitivity:

- High energy foods — peanut butter, granola bars, trail mix;
- Comfort foods — cookies, hard candy, etc.;
- Dry meats like beef sticks and jerky.

Pet Grab and Go

Pets need a grab and go kit, too! Have two to three days of food, water, any of their medications, leashes and cages if reasonable.



Kit supplies

- ▶ Food
- ▶ Water
- ▶ Flashlight
- ▶ Extra batteries
- ▶ Light sticks
- ▶ Radio (battery/crank)
- ▶ Whistle
- ▶ Toiletries & wet wipes (save water for drinking)
- ▶ Access to important documents
- ▶ First aid kit
- ▶ Multi-purpose tool and knife
- ▶ Garbage/plastic bag
- ▶ Cell Phone charging cord/extra battery
- ▶ Medications
- ▶ Pet items
- ▶ Duct tape
- ▶ A set of extra clothes
- ▶ Hat and gloves
- ▶ Items you need for children and other household members

If this kit is used for your car, add:

- ▶ Small shovel
- ▶ Jumper cables
- ▶ Tow chain
- ▶ Road flare
- ▶ Waterproof blanket
- ▶ Matches in a waterproof container
- ▶ Seasonal equipment
- ▶ Extra keys

QUICK TIP: Rotate items annually. This includes making sure the clothes you have stored still fit!