

JOINT SERVICES SUPPORT

What is JSS?

The WA JSS is designed as an integrated organization consisting of 13 different programs each with its own team of subject matter experts. The teams work together to provide excellent services and programs for Service Members, their Families and Veterans.

All services are conveniently housed under one roof at Building 3 on Camp Murray and *Mini-JSS* sites are located at various armories and Readiness Centers throughout the state.

JOINT SERVICES SUPPORT

The JSS positively impacts overall Service Member and Family Readiness, Resilience and Retention by managing resiliency programs to provide Washington's Warriors, Veterans, and Family Members with support services that enhance their well-being, quality of life and promote their productive military participation.

Resiliency + Stability = Availability



Family Assistance Specialists (FAS)





'Essential Services' Provided by Family Assistance Specialists

Serving all Branches of the Military!

If you encounter a Family in need, please provide them with our contact information. We have a tool box of resources available to work with military Families on personal issues that require guidance in the areas of military pay benefits, and financial debt. Those Families are referred to the appropriate community services for assistance.



We are confidential!

Family Assistance Center Coordinator Camp Murray (Building 3) (253) 945-1869

Family Assistance Specialists (FAS)

Camp Murray (Building 3) – (253) 512-8367 Pierce County Readiness Center (PCRC) – (253) 512-1350 Vancouver AFRC – (360) 604-7303 Kent Armory – (253) 512- 8766 Spokane Readiness Center – (509) 532-2775 Pasco Armory – (509) 545-2031 Moses Lake Armory – (509) 630-0701 Yakima Readiness Center – (509) 469-4638 Bremerton Armory – (360) 473-2411 Marysville Readiness Center – (360) 436-2423 Olympia Armory – (360) 704-6707 Family Readiness Support Assistants (FRSA)

Family Readiness Support Assistant (FRSA) empower Commanders and FRGs in their duty to deliver the Total Army Family Program so that Soldiers and Families are entitled, informed, educated, assisted, and made ready for the unique demands of military life before, during, and after deployment.

FRSAs also assist the Commanders maintain the continuity and stability of Family Readiness Groups (FRGs) as units undergo changes in volunteers, leadership and during all phases of the deployment cycle. Operationally, the FRSA provides administrative and logistical support to Commanders, rear detachment Commanders, Family Readiness Liaisons (FRL) and statutory and gratuitous FRG volunteers.

56 TIOG / 96 TC / RRB IORC / PCRC (253) 512-4890 81st SBCT Camp Murray (253) 512-8506

96th ATC / JFHQ / 10th CST / MEDCOM

Camp Murray - vacant

Senior FRSA Camp Murray (253) 912-8803



Provide Airmen & Families readiness support including direct day-to-day service to the Airmen and their Families and liaison with other support entities including Rear Dets, FRGs, FASs, and ESGR.

Air National Guard Airmen and Family Readiness Program Managers

Angela Sutter, 194th Wing (253) 512-3397 angela.sutter@ang.af.mil

Mary Thomas, 141st ARW (509) 247-7009 <u>mary.thomas.4@us.af.mil</u> Child & Youth Services

Program with the *funny name*: WANGY

Coordinators Robbin (253) 512-7985 or Kevin (253) 512-1356

<u>Mission</u>: To positively impact Soldier and Family Readiness, Resilience, Retention and Quality of Life by providing secure, timely, flexible and high-quality youth development opportunities and resources which promote the overall well-being of National Guard Children & Youth.

Goals:

- Provide youth-based life-skills education and peer to peer connections to increase overall Service Member and Family Readiness
- Build community capacity by developing partnerships with education and community resources that support geographically-dispersed military Youth and Families
- Expand access to and awareness of Federal, State, and community benefits that support military Youth
- Provide National Guard Children and Youth with leadership and service learning opportunities to foster resilience and inspire future growth
- Provide programming which increases resilience skills in Youth and promotes overall Service Member and Family Readiness and Retention

Direct Unit Support include equipment for check out and training sessions for Youth.

Key Events & Programs:

- Week long Summer Camps
- State Youth Symposium
- Youth Council 8th-12th grade
- Resilience Training for Teens
- Life Skills Training opportunities
- Regional Family Events



Sexual Assault Prevention & Response (SAPR)

Comprehensive program that centers on awareness and prevention, training and education, victim advocacy, response, reporting, and accountability.

- Army and Air Force policy promotes sensitive care and confidential reporting for victims of sexual assault and accountability of offenders.
- JSS trains, supports, and tracks WANG unit Victim Advocates (VA) for duty at all battalions and wings.
- JSS & Wing staff assists victims in finding immediate assistance and support and helps inform victims of laws and procedures
- JSS & Wing staff provides tools to the Commander to help manage a sexual assault situation

SARC MSG Paris Purnhagen (253) 512-1365 paris.n.purnhagen.mil@mail.mil

141ARW SARC CPT Timothy Traynor (509) 389-8025 <u>timothy.traynor@us.af.mil</u>

VAC SSG Jennika Cardenas (253) 512-7881 Jennika.m.cardenas.mil@mail.mil



Resilience & Risk Reduction Program Suicide Prevention (R3SP)



- Maintains and tracks a cadre of unit level Suicide Intervention Officers (SIOs).
- Conducts Applied Suicide Intervention Skills Training (ASIST) workshops monthly throughout the state to maintain training of SIOs and train Gatekeepers to identify/intervene with a person at risk of suicide.
- JSS staff coordinates resources and links "at risk" personnel to immediate care.

STATE

Maintains and tracks a cadre of unit level Suicide Intervention Officers (SIOs).

Conducts Applied Suicide Intervention Skills Training (ASIST) workshops per year to maintain the SIO cadre. JSS staff coordinates resources and links "at risk" personnel to immediate care.

WINGS

Wingman Days Directors of Psychological Health, Chaplains and the A&FRPM to help facilitate these programs. Air can attend trainings on a space available basis. Psychological Health Program



The National Guard Psychological Health Program advocates, promotes, and guides National Guard Members and their Families by supporting psychological fitness for operational readiness.

Services:

- Commander/Unit Consultation
- Mental Health Evaluation
- Mental Health Provider Referral
- Risk Assessment
- Behavioral Health Resourcing
- Afterhours Emergency Consults
- Crisis Stabilization and Follow On Support
- Safety Planning
- Mental Health Service Coordination
- Unit Leadership Briefings

- Provides outreach services at Unit events
- Facilitates self-care workshops to promote healthy living

Army

West – Julie Madsen (253) 512-8783 West – Audrey Hockman (253) 512-1358 East – Tawnya Wright (509) 910-3125

Air

141ARW – Marcia Richard (509) 247-7087



Embraces and reassures Survivors that they are continually linked to the Military Family through a unified support program that enables them to remain an important part of the Military for as long as they desire.

SOS Responsibilities:

- Support Groups
- Advocacy/Outreach
- Information and Referral
- Life Skills Education
- Subject Matter Expert on all benefits; federal, state and local

- Initial POC for Casualty Assistance Officer (CAO)
- Estate planning resources
- Pre-Deployment Training for Family and Service Members

Camp Murray (253) 512-8756 Cell: (253) 202-0982 Kennewick (509) 734-7052 Cell: (253) 376-1889



Assists Members with developing employment opportunities through:

- Career guidance
- Job skills assessments
- Resume development
- Interview skills development
- Advocates the benefits of hiring Guard and Reserves: Leadership, Professionalism, Responsibility, Understand Diversity, Physical Conditioning, "Can Do Attitude, Calm Under Pressure, First Class Image, Global Perspective
- Regional employment opportunities through business community outreach
- Apprenticeship programs in partnership with union officials
- Stationed in armories throughout the state

Employer Support of the Guard and Reserve (ESGR)



DoD Program to promote cooperation and understanding between Guard & Reserve Service members and their civilian employers. Supported by over 80 volunteers throughout WA from small business, government, industry, bringing a vast wealth of experience to conduct:

Employer Outreach

- Awards presentations (Patriot Awards), recognition of supportive employers
- USERRA assist with understanding the Uniformed Service Employment & Reemployment Rights Act
- Partner with employers to advocate the hiring of Guard and Reserve members

Military Outreach

- Unit, Command and Individual Service members brief
- USERRA assist with understanding their USERRA rights
- Nominate your employer for the Patriot Award

Ombudsman Services (mediation/education) - Questions or inquires – call 800-336-4590

Assist BOTH employer and service member in resolving conflict(s)

www.esgr.mil

Personal **Financial Counselors** (PFC)



WE PROMOTE...

Financial responsibility and accountability in money management

THROUGH...

- Preventive financial education
- Personal financial counseling
- Consumer advocacy

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Information and referral

PFCs deliver training on:

- Military benefits
- Debt management
- Spending plans
- Pre-and post-deployment ٠ preparations
- Retirement (BRS)

We can help with:

- Spending plans
- Thrift Savings Plan
- Debt repayment
- Deployment, transition, and retirement preparation
- Tax planning

- **TO ACHIEVE...** Personal financial readiness
 - Responsibility and accountability
 - Stability, choice and freedom

Consumer Advocacy Services

- Identity theft
- Pay-day loans •
- Consumer safety and rights
- Filling out forms ٠
- Contacting and working with creditors
- Referrals

Email at PFC1.wa.ng@zeiders.com / (253) 512-7753 or PFC2.wa.ng@zeiders.com / (253) 307-6647

Transition Assistance Advisor TAA/VA

- Assistance for possible compensation for injuries or illness sustained as a result of military duty.
- Help with VA processing for getting compensation.
- Accessing all VA programs (home loan, education, vocational rehab, healthcare, etc.)
- Assistance with locating your medical records, DD 214s and other needed documents.
- Access to health/dental care programs (DOD and VA).
- Referral for counseling services for you and your Family that <u>will not</u> affect your career.
- Insurance information such as SGLI and TSGLI.
- Help guide you through the Education opportunities special to our state in addition to GI Bill benefits especially relating to the transferring of benefits
- Guidance through military medical programs such as Reserve Managed Care Program, INCAP, MEB/PEB, LOD.

POC: Annie DeAndrea 253-512-8722 antionette.m.deandrea.ctr@mail.mil





Teaches NCOs a set of skills and techniques that build resilience and that they can, in turn, teach to other service members. The intent is that these NCOs will take the skills and training taught in the MRT course to the junior service members they instruct and lead. We hypothesize that these skills will enhance service members' ability to handle adversity, prevent depression and anxiety, prevent PTSD, and enhance overall well-being and performance. It also provides an integrated framework that encompasses many cross-functional education and training efforts, activities, programs, and other equities that play a contributory role in sustaining a fit, resilient, and ready force. This training includes fitness in mental, physical, social, and spiritual domains.

Resilience

Building Mental Toughness

Identifying Character Strengths

Strengthening Relationships





Yellow Ribbon Reintegration Program (YRRP)

- Provides information and resources to service members and their Families
- Follows the deployment cycle with tailored events and information
- Provides resources for children on the topic of deployment
- Lodging* and meals are paid for while you attend the event
- Interactive 'elective' events for participants to take part in.
 - i.e., iREST, What's your color, yoga/meditation, guest speakers.
 - * Over 50 miles receive hotel room

JOINT SERVICES SUPPORT PARTNERS to name a few....



JOINT SERVICES SUPPORT CONTACTS

Sexual Assault Prevention and Response (SAPR)

SARC: (253) 512-1365 or 24/7 Hotline (253) 307-6483 Victim Advocate: (253) 512-7881 DoD Safe Helpline (24/7) 1-877-995-5247

Resilience, Risk, Reduction, Suicide Prevention (R3SP)

Camp Murray: (253) 512-1342/1357 Cell: (360) 241-9921 Call (253) 318-9827 for 24/7 Assistance

Psychological Health Coordinators- Army

 West:
 (253)
 512-8783
 Cell:
 (253)
 273-1769

 West:
 (253)
 512-1358
 East:
 (509)
 910-3125

 Director of Psychological Health - Air

 West:
 (253)
 512-2048
 Cell:
 (253)
 905-4620

 East:
 (509)
 247-7087
 Cell:
 (509)
 979-0051

Employer Support of the Guard and Reserve (ESGR)

State: 877-306-1971 National: 800-336-4590 www.esgr.mil

Alcohol/Substance Abuse Prevention Cord (253) 512-8394

Master Resiliency Training (MRT) (253) 512-1384

Yellow Ribbon Reintegration Program (YRRP) (253) 512-1355 (Army) (253) 512-3259 (Air)

Work For Warriors (WFW)

Camp Murray: (253) 512-8727/1351 JBLM: (253) 912-3182 Kent: (253) 945-1821 Moses Lake: (509) 766-6578 Spokane: (509) 532-2795 Vancouver: (360) 604-7320

Transition Assistance Advisor (TAA)

Camp Murray: (253) 512-8722 Veterans Affairs Officer (WA Dept of Veteran's Affairs) Camp Murray: (253) 512-8196

Personal Financial Counselors (PFC)

Camp Murray #1 (253) 512-7753 #1 Cell: (253) 242-0721 #2 Cell: (253) 307-6647

Family Assistance Center(FAC) Coordinator

For emergency assistance call 1-800-364-7492 Camp Murray (253) 945-1869 Cell: (253) 355-5124 Website: https://www.mil.wa.gov/family-programs

Family Assistance Specialists (FAS)

Olympia:	(360)	704-6707	Cell: (360) 628-7195
Marysville:	(360)	436-2423	Cell: (253) 355-6388
Bremerton:	(360)	473-2411	Cell: (253) 355-5875
Yakima:	(509)	469-4638	Cell: (509) 844-4059
Moses Lake:	(509)	762-3754	Cell: (509) 630-0701
Pasco:		545-2031	Cell: (253) 355-5936
Spokane:	(509)	532-2775	Cell: (509) 844-1115
Kent:	(253)	512-8766	Cell: (253) 208-8602
		604-7303	Cell: (253) 355-6239
PCRC:	(253) 512-1350	Cell (253) 254-1906
Camp Murray:	(253)	512-8367	Cell: (206) 473-2896

Child & Youth Services (CYS) Coordinators

(253) 512-7985 Cell: (253) 548-4942 (Lead) (253) 512-1356 Cell: (509) 464-9392

Family Readiness Support Assistants (FRSA)

81st SBCT (253) 512-8506 96th TRP CMD / 56th TIOG (253) 512-4890 96th ATC / 10th CST / JFHQ / MEDCOM (253) 512-8803 1-161st IN / 420th CHEM / 205th REGT (509) 532-2741

Airmen & Family Readiness Program Managers (AFRPM) Camp Murray: (253) 512-3397 Spokane: (509) 247-7009

Survivor Outreach Services (SOS)

Camp Murray: (253) 512-8756 Cell: (253) 202-0982 Kennewick: (509) 734-7052 Cell: (253) 376-1889



QUESTIONS?

