

# WA State Preparedness Group

**Purpose:** to collaborate, share and/or develop adoptable and adaptable programs and products by standardizing publications, products, PSAs, media communications, etc. to bring more concise, consistent messages to all Washington State residents.

## 1. Quarterly Meetings:

- ❖ August 15 or w/WSEMA
- ❖ November 15

## 2. Sharing Platform: Basecamp

### To Sign Up, Send:

- ❖ Name
- ❖ Title
- ❖ Organization
- ❖ Email Address

To: Rosanne Garrard

[rosanne.garrard@mil.wa.gov](mailto:rosanne.garrard@mil.wa.gov)

**Accept Invitation!**

# Docs & Files

Sort by Name



Disaster Preparedness Outreach Volunteer Program (DPOV) - State Guard

...and 1 more

Administrative (Working Group Documents)

...and 4 more

Business Preparedness

...and 3 more

Calendar: Monthly public messaging topics

...and 11 more

Newsletters News Articles

...and 2 more

Pets

...and 5 more

Pictograms (Hazard and Preparedness)

...and 172 more

Presentations

...and 2 more

CERT

2018-2019 Supportive Training Data-2up

Community/Neighborhood

PKNET Getting...

E 9-1-1

Earthquakes/ShakeOut

Untitled File - Earth ready home.pdf

...and 8 more

Promotional Items List

This is a compilation list of promotional items that County EME have ordered in the past and where they ordered them from.

When you have a chance, if you have a chance, please...

Radiological

Recovery

ShakeOut

ShakeOut Outreach Packet Materials 2018-School

Exercises

FEMA

FEMA Links and Webinars

Flooding

Individual/Family

2-Wheel emergency phone number list.xlsx

...and 12 more

Training

State EMD In-State Training Calendar May 30-31 2018

...and 1 more

Tsunami

Tsunami-101-English-Tsunami-Final-pub

...and 1 more

Video Links

State EMD Outreach Videos

Videos

2017 Shakeout Video contest winners

Insurance

Landfill Insurance Earthquake Insurance

LEP / Multi Language Materials

Heat Wave

...and 28 more

LEP Resources, Guide & Communications Planning Framework

Local LEP co...

Multi-Hazard

Emergency Preparedness WA State English Information

Volcano

USGS Cascade Volcano Observat Open House 2018

...and 5 more

Volunteer Management

CERT Annotated

Weather

Landslide

...and 1 more

Wildfires

...

...and 2 more

Youth Preparedness

Trackers MyPI

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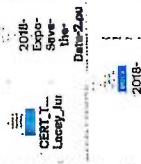
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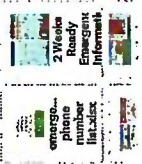
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Training



Tsunami



Video Links



Videos



Insurance



LEP / Multi Language Materials



LEP Resources, Guide & Communications Planning Framework



Multi-Hazard



Volcano



Volunteer Management



Weather



Wildfires



Youth Preparedness

Teachers MyPI

# Disaster Preparedness Outreach Volunteers

## *Trained and Ready to assist local EMs!*

The Emergency Management Division is partnering with the Washington State Guard to train a cadre of Disaster Preparedness Outreach Volunteers.

### Volunteer Training Requirements:

- IS-700, IS-800, IS-100, IS-200
- Demonstrate preparedness by developing their plans and kits
- Attend EMD's Disaster Preparedness Outreach training to include MYN/CERT overview
- Complete a presentation skills and techniques assessment
- Meet with Local EM staff
- Register as a Local Emergency Worker

### Volunteer Assistance for Local EMs:

- Delivering presentations
- Staff
  - Informational booths
  - Preparedness fairs
  - Community events

### Volunteer Expectations:

- Meet with local EMs to modify slides to meet local needs
- Schedule all presentations with local EMs
- Report activities to WSG



**Questions? Please contact *Rosanne Garrand*, [rosanne.garrand@mil.wa.gov](mailto:rosanne.garrand@mil.wa.gov)**

***Robin Thompson*, [robin.thompson@mil.wa.gov](mailto:robin.thompson@mil.wa.gov)**



STATE OF WASHINGTON  
State Guard  
Website: <http://mil.wa.gov/wsg-home>



STATE OF WASHINGTON  
Emergency Management Division  
Website: <http://www.mil.wa.gov>

## DISASTER PREPAREDNESS OUTREACH VOLUNTEER PROGRAM APPLICATION FORM

I, \_\_\_\_\_ am interested in becoming a Disaster Preparedness Outreach Volunteer. I do this as part of my service to Washington State Guard and its mission to assist communities throughout the state.

**Please Print Legibly:**

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**Prerequisites:**

Please check completed courses; provide certificates to 2LT Carl Chatfield, Washington State Guard, [Carl.Chatfield@mil.wa.gov](mailto:Carl.Chatfield@mil.wa.gov).

*(Free on-line courses: FEMA/EMI at <https://training.fema.gov/is/crslist.aspx>)*

IS-700.A  IS-800.B  IS-100.B  IS-200.B  CERT Trained \_\_\_\_\_ Jurisdiction Name \_\_\_\_\_

*I have completed the Prepare in a Year activities with my family.*

Communications Plan  Action Plan  Grab & Go Kits  2 Weeks Ready  
 Important Documents  Water  Fire Safety  Utility Safety  
 Shelter In Place  Drop, Cover & Hold On  Under the Bed  Home Hazard Hunt

**Additional Expectations:**

Attended the Department's "Disaster Preparedness Outreach" training \_\_\_\_\_ (Date)  
 • Community Overview Presentation  
 • Events Training: Booth/Table Hosting  
 • Map Your Neighborhood (MYN) Introduction  
 • Community Emergency Response Team (CERT) Introduction  
 • Presentation Skills Assessment

Met with the local emergency management office: \_\_\_\_\_ (Location/Date)

*\*Local emergency management office will determine Emergency Worker status.*

\_\_\_\_\_  
(Applicant Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(State Guard Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Local Emergency Manager Signature)

\_\_\_\_\_  
(Date)

**From:** Garrand, Rosanne (MIL)  
**Sent:** Thursday, May 31, 2018 11:51 AM  
**To:** Hello DEMs, SALS, BaseCamp Members (Chris Utzinger to forward to SALS)  
**Cc:** Utzinger, Chris (MIL) <[Chris.Utzinger@mil.wa.gov](mailto:Chris.Utzinger@mil.wa.gov)>; Dudley, Lit (MIL) <[Lit.Dudley@mil.wa.gov](mailto:Lit.Dudley@mil.wa.gov)>  
**Subject:** State Preparedness Outreach Workgroup - Publications - Bulk Purchase

Hello DEMs, SALS, BaseCamp Members,

The State Preparedness Outreach Workgroup, made up of local, state, and federal disaster outreach staff, was convened in December 2016. It's main purpose is to collaborate, share and/or develop adoptable and adaptable programs and products for everyone to use as they deem appropriate. One outcome is to standardize publications, products, PSAs, media communications, etc. in order to bring more concise, consistent messages to all Washington State residents.

Following this idea and discussions within the workgroup, we are now in the process of purchasing printed materials in bulk, thereby saving costs and increasing standardization.

Attached is an Ordering Sheet, along with print estimates from the DES/PRT office, which give more details on the amounts & costs; the more we can order at one time the greater the savings. ***On the Order Sheet, please let me know how much money you want to spend and/or the number of brochures you want; I will calculate to get us the best price possible. You will know the exact prices, before I place any order.***

Currently we are looking to bulk print the:

- 2 Weeks Ready Backpack (side-fold)
- 2 Weeks Ready Insert (Emergency Information)
- Emergency Preparedness Guide

***Note: Minor changes will be incorporated into the existing brochures; we will insert your logo where appropriate and add your contact information, as noted on your order sheet.***

Depending on your interest and your budget timelines we hope to place an order in early June and another order in early September.

***Your earliest response is requested; I will be talking with DES/PRT the week of June 11.***

Thanks much – Rosanne

\*\*\*\*\*

**Rosanne J. Garrand**  
**Disaster Preparedness Outreach Program Manager**  
Washington State Emergency Management Division  
Washington Military Department  
[rosanne.garrand@mil.wa.gov](mailto:rosanne.garrand@mil.wa.gov)  
Office: 253-512-7419







## EMD Publications Order Form

*Note: you will be notified of the number ordered and printing costs of your publications before the final combined orders are submitted to WA DES/PRT.*

*Your approval & authorization to purchase will be needed at the at time.*

Name:			
Jursidiction:			
Email:			
Phone:			
Logo:			

Ordered Separately:	Order Amount	Dollar Amount
 <p><b>2 Weeks Ready - Backpack (side-fold):</b>  <b>Prices:</b>                      1,000 @ \$.62 = \$625.72                      2,000 @ \$.43 = \$852.66                      3,000 @ \$.40 = \$1,205.99                      5,000 @ \$.36 = \$1,781.41                      25,000 @ \$.16 = \$4,249.65                      50,000 @ \$.15 = \$7,317.92                      100,000 @ \$.14 = \$13,667.30</p>		
<p><b>2 Weeks Ready - Insert (Emergency Information)</b>  <b>Prices:</b>                      1,000 @ \$.62 = \$625.72                      2,000 @ \$.43 = \$852.66                      3,000 @ \$.40 = \$1,205.99                      5,000 @ \$.36 = \$1,781.41                      25,000 @ \$.16 = \$4,249.65                      50,000 @ \$.15 = \$7,317.92                      100,000 @ \$.14 = \$13,667.30</p> 		
<p><b>Ordered Together (Printed &amp; Collated)</b>                      2 Weeks Ready - Backpack &amp; Insert  <b>Prices:</b>                      1,000 @ \$.90 = \$906.66                      2,000 @ \$.81 = \$1,619.85                      3,000 @ \$.53 = \$5,575.32                      5,000 @ \$.45 = \$2,263.33                      7,500 @ \$.36 = \$2,761.20                      10,000 @ \$.31 = \$3,129.80</p> 		
<p><b>Emergency Preparedness Guide - 60 page booklet</b>  <b>Prices:</b>                      500 @ \$3.88 = \$1,938                      1,000 @ \$2.51 = \$2,508                      1,500 @ \$2.05 = \$3,066                      2,000 @ \$1.82 = \$3,628                      3,000 @ \$1.59 = \$4,760                      5,000 @ \$1.14 = \$5,684                      7,500 @ \$1.05 = \$7,884                      10,000 @ \$1.01 = \$10,064                      15,000 @ \$0.97 = \$14,440                      25,000 @ \$0.93 = \$23,204                      50,000 @ \$0.90 = \$45,048</p> 		

# Disaster Ready Washington

Taking Care of You, Your Family,  
Your Neighbors

## Be 2 Weeks Ready

Insert Name  
(insert County/City EM Name)  
Washington State Guard



(NOTE: If the local EM is joining you ask them if they want to do the initial introduction. If you are partnering with the local EM to deliver the presentation make sure to decide ahead of time who will be responsible for which specific slides. Work with the local EM ahead of time to make changes to the slides (such as add their logo etc. in place of the Clallam County info) Remove

## Training Overview

- Who we are/What we do
- Washington's Hazards
- Why Preparation is Important
- Steps to preparedness:
  1. Be Informed
  2. Make a Plan
  3. Build Your Kits
  4. Become Involved
- Resources



## Volunteer

- (Insert name of county/city) Emergency Management
- Registered Emergency Worker
- Completed Training
- Completed Prepare in a Year Activities

### Washington State Guard

- All-volunteer uniformed public service organization
- No previous military service required
- Train one day per month



Hello my name is \_\_\_\_\_ . I am a member of the Washington State Guard working with local and state emergency management to help Washington residents become more aware and better prepared to survive disasters. In the next few minutes I will let you know what disasters can happen in Washington State, and why it's important for you to take appropriate actions to prepare. I will give you basic steps that you can do to help you and your family become 2 Weeks Ready. Preparedness guidance is available from a number of different sources such as Red Cross, FEMA, Ready.gov Across the nation many of those programs promote preparing for 3 days or 72 hours of self sufficiency, but in Washington we want people to be prepared for 2 WEEKS.

I am a registered emergency worker and volunteer for (insert name of county/city) Emergency Management and I believe disaster preparedness is important not only for me and my family but for all Washington residents. To be better prepared to assist with (county/city EM) disaster outreach efforts, I have completed ICS 700, 800, 100, 200, as well as Prepare in a Year (PIY) activities with my family. PIY includes:

- Communications Plan
- Action Plans
- Storing Water
- Grab & Go Kits
- Important Documents
- Two Weeks Ready
- Under the Bed
- Utility Safety
- Drop, Cover & Hold On
- Fire Safety
- Shelter in Place
- Home Hazard Hunt

(Note: if you want to use a handout the first page of this document is great to suggest for a fridge reminder flyer <https://mil.wa.gov/uploads/pdf/emergency-management/piy-englishbooklet.compressed.pdf>)

I've also completed the "Disaster Preparedness Outreach Program" training, which includes: Community Overview Training (this presentation), a community events training (for booths), Map Your Neighborhood (MYN) & Community Emergency Response Teams (CERT) overviews, and a presentation skills assessment.

The State Guard, the Emergency Management Division and the National Guard are all part of the Washington Military Department, kind of like sibling divisions. WSG members are all volunteer and are located throughout the state. The State Guard mission includes "the protection of life or property" – therefore this work aligns with the emergency management division whose mission is: "Protect the People, Property, Environment and Economy of Washington State".



## Washington Weather



Ready, Go! PSA - "You Can't Always Predict"; <https://www.fema.gov/media-library/assets/videos/82016>

(Show the video) – Does this remind you of WA State? This is one of the reasons “why” we need to prepare.

If you have an internet connection right click on the page heading and click on “Open Hyperlink”

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## 4 Steps to

### Disaster Preparedness

1. Be Informed
2. Make a Plan
3. Build Your Kits
4. Become Involved



You can find preparedness information from a lot of different sources, like Red Cross or Ready.gov While most of the sources have more in common than different, one important difference is the 3 day or 72 hour message. In the Pacific NW we know there are some major hazards that could cause significant damage, so we are promoting the 2 Weeks Ready Campaign and there are some who believe preparing for 30 days of self-sufficiency is wise. (If you have the 2 Weeks Ready handout hold it up)

Today to talk about Disaster Preparedness we are going to look at these four steps:

1. Be Informed. 2. Make a Plan 3. Build Your Kits 4. Become Involved

## Step 1 - Being Informed

### Did You Know?



Earthquakes



Volcanoes

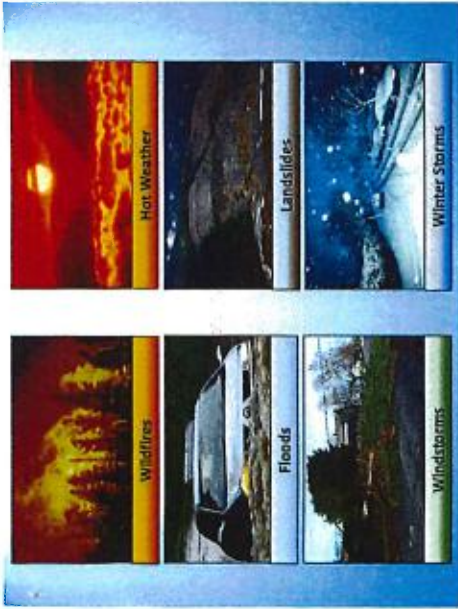


Tsunamis

Step 1 - Being Informed means knowing what disasters can happen in your area.

**\*Did You Know?** Washington State is # 3 in the United States with a wide variety of disasters.

\*Earthquakes, \*volcanic eruptions, and \*tsunamis are unpredictable and rare, but they can happen here. We may not know when they will happen, but in some cases we do know a bit about some of the impacts to expect. Following a volcanic eruption there could be a lahar flow. If you live or work in a lahar zone you need to know where the closest evacuation route is and you need to practice using it. Schools in Orting have held drills with their students, climbing the hills so that if they ever need to evacuate it won't be so scary because they have already done it. These may be rare, but the potential impact could be devastating. We need to prepare.



These are the disasters that affect us most often; wildfires, hot weather, floods, landslides, windstorms, and winter storms. Show of hands, who has been impacted by one of these? These events happen often in our state. This is why we need to be prepared. You need to know about the hazards specific to where you live and work. Are you in a flood or lahar zone? Are there preset evacuation routes? Ask your local EM for information about your area.



**Being Informed** also means you need to stay connected, so purchase a NOAA weather radio, sign up for alert/warning notifications, and download apps. Notification systems give you emergency information and instructions about what is happening and what to do. If it impacts you – you will want to know. So many people listen to downloaded music or web app systems. Does everyone in your family know where to find a local radio station for local information?

\*Stay connected with cell phones, walkie talkies, and home phones. We depend on our cell phone for instant voice and text contact, so make sure you have the correct equipment to keep it charged.

\*Think about it - if cell towers were down you may find that an old-fashioned corded phone might be your best option.

*(If the local EM has a notification system include that information here.)*



Show video – does this sound familiar?

Step 2 – Make A Plan. Talk with your family. Decide where you will meet, how you will contact each other, and who will do what when a disaster happens. Write down your plan and practice it to make sure it works. Remember to plan for family members that might need extra help with walking, seeing, or hearing.

*If you have an internet connection right click on the page heading and click on "Open Hyperlink"*

<https://www.youtube.com/watch?v=FlcuY6ciXMk>

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<https://www.youtube.com/watch?v=FlcuY6ciXMk>

## Out of Area Contact



**OUT OF AREA CONTACT PERSON**  
#6197 Local phone systems may be shut down in a disaster.  
However, you frequently can place a long-distance call.

Name (print): \_\_\_\_\_

Phone number (with area code): \_\_\_\_\_

Cell phone number (with area code): \_\_\_\_\_

TIP: You may be able to text message all your loved ones on your cell phone. Keep these messages short.

## Practice Your Plan



### **Watch Video:**

**Practice Your Plan:** Set up practice evacuations or shelter-in-place drills for your family to ensure everyone knows what to do and where to go in the event of an emergency.

*If you have an internet connection right click on the page heading and click on "Open Hyperlink"*

<https://www.youtube.com/watch?v=ZhmK8IEDSr8>

## Step 3 – Build Your Kits

- Home Supplies Kit
- Grab & Go Kits
  - ✓ Adults
  - ✓ Child/Infant
  - ✓ Pets
- Vehicle Safety Kit



An important part of your plan is contacting each other. Why is it important to have an out of area contact? During disasters, and even during smaller incidents, our local cell phone systems can get overwhelmed. Sometimes it is more likely you can get a connection out of the area. It is important for everyone in your family to know who the out of area contact is and that contact needs to know what to do when they get messages. Everyone needs to know that sending text messages are the best way to communicate, since phone calls use more bandwidth and are less likely to succeed. When sending the text message it needs to be one-to-one, group messages also use more bandwidth. It is important to have a written copy of the out of area contact information, if we don't have our cell phone with us we can borrow a phone from someone else. Even children can carry this information in their backpacks. If a child at school asks to use their teacher's cell phone to send a message to their out of area contact imagine your peace of mind when the contact sends you a message that they have heard from your child and they are safe at school. That is how it works, everyone in your family in the local area sends a text message to the out of area contact and the contact relays the messages back to each of them so they can relax and take the next step in the plan. Families can use holidays to send messages and practice how this communication plan will work during a disaster.

**Step 3 – Build Your Kits:** Notice kits is plural. You need more than one kit because you spend time in more than one place. The majority of your supplies will be in your home kit, but you need some supplies with you in your vehicle and possibly at work. Everyone in the family, including your pets, should have a Grab & Go kit ready in case you need to quickly evacuate.

## Water & Food



In order to become "2 Weeks Ready" at home you should have 1 gallon of water, per person, per day. 14 GALLONS for each person in your family! Maybe you need to also plan to filter or treat water that you reuse during a disaster, possible from your water heater or a creek or lake. Your food supplies should include canned meats, canned fruits and vegetables, soups, and juices along with high energy foods such as peanut butter, protein bars, trail mix, and beef jerky. Build up your home supplies a little at a time – each time you go shopping add a "disaster item" to your shopping cart and then put it with your disaster supplies when you get home. How can you cycle through your disaster supplies? Since many of us are using more fresh food and less packaged food we may not regularly use the food we keep for disasters. One suggestion is to use the disaster supplies to fill food donation bins. Some employers hold annual food collections for local food banks and this would be a good way to use canned and packaged food before it expires and you can restock your disaster supplies with fresh purchases.

## Warmth/Shelter



Two weeks can be a long time to be inconvenienced so think about:

How will you keep warm? Do you have wood heat or a pellet stove? Sleeping bags, blankets, and warm clothes will help. If you have a Van or RV it can be used as your alternate shelter. Could you survive in a tent for weeks? *(I can if I have an air mattress and I was thrilled to find a battery powered pump! Robin)*

## Cooking



For cooking use an outdoor portable grill or build a small fire. Don't let your propane run out just because camping season is over, disasters happen year round. Make sure to keep a fire extinguisher handy. Is this up to date? Check for the expiration date.



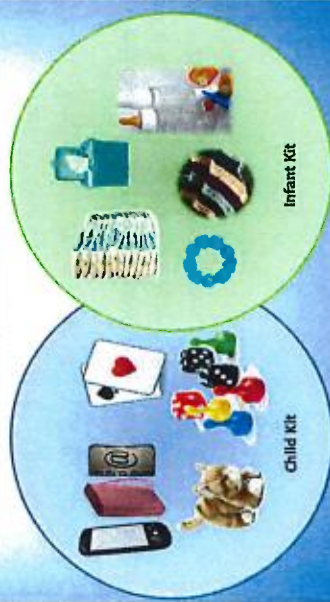
## Extra Supplies

(heavy, large, and bulky items can be stored in your vehicle)



You may not be able to put all the things you need in your Grab & Go Kit, so keep heavy, large, and bulky items in your vehicle; making them are part of your overall disaster supplies. If you need to quickly evacuate, have a plan with your family so you know who will load the disaster supplies in your home into the vehicle, who will get the important papers and documents file, who will collect the special items needed by children and pets.

## Grab & Go – Child & Infant



Have your child pack their own kit. Food, water, clothing, and flashlight are a must, but let them add things that are important to them that will give them comfort if you are away for an extended period of time. Remind them to keep it light, since they will be carrying it.

An infant will have specific needs too. If you are already carrying a backpack you might want to use a front carrier for your child or perhaps a small stroller for carrying both the child and its Grab & Go items.

## Grab & Go – Pets



Pets are an important part of your family. Their kit should include a carrier, food, water, leash, towels/blankets to keep them warm, and waste bags. Don't forget your pet important documents: photos, name tag/license, vaccination records, medication list, and your vet's contact information. Do you know which local shelters are prepared for pets?

Dog, Cat, Other

Bird, Hamster, Rabbit, Other





## When to Prepare?

**Make your emergency plan today.**

Visit [Ready.gov/communicate](http://Ready.gov/communicate)



## Websites & Assistance

- Your local Emergency Management Office
- State Emergency Management:  
[www.mil.wa.gov/emergency-management-divisionmil.wa.gov](http://www.mil.wa.gov/emergency-management-divisionmil.wa.gov)
- FEMA: [www.fema.gov/plan-prepare](http://www.fema.gov/plan-prepare)
- Disaster Resistant Community Group:  
<http://www.drc-group.com/>

• Videos & Exercises



Show video – 5 pictures \* click through pictures.

If you have an internet connection right click on the page heading and click on "Open Hyperlink"

<https://www.youtube.com/watch?v=eOKYaHUxMZY>

For more information visit these websites. For assistance contact your local emergency management office.

Thank you for your time.