

WASHINGTON MILITARY DEPARTMENT POLICY

Security Policy 04-003-05

PEDESTRIAN AND CYCLIST SAFETY ON CAMP MURRAY

This policy supersedes any and all previous Washington Military Department (WMD) policies of the same or similar name or topic in existence prior to the effective date of this policy. This specifically includes WMD Administrative Policy 14-00, dated 2 March 2002.

- 1. PURPOSE: To establish a policy and provide guidance on safety standards for personnel taking part in voluntary physical training (PT) programs and/or recreational activities such as running, walking, or cycling on Camp Murray's paved streets, roads and trails. The primary purpose is to improve visibility of runners, walkers, and cyclists using Camp Murray routes during their voluntary physical training or recreational activities. Due to the high and increasing volumes of traffic on Camp Murray's narrow streets and roadways, it also describes policy and awareness measures for drivers on this installation.
- 2. APPLICABILITY: This policy applies to all federal and state employees of the Washington Military Department, to include traditional Army and Air Guard members, while driving on Camp Murray or utilizing the streets, roads, and the perimeter trails for voluntary PT programs and/or recreational activities. Non-Military Department personnel using Camp Murray for these activities should follow the established guidelines and wear reflective gear for their personal safety.

3. REFERENCES:

- a. Department of Defense (DoD) Instruction 6055.4, DoD Traffic Safety Program
- b. Air Force Instruction 91-207, USAF Traffic Safety Program
- c. Army Regulation 385-55, Prevention of Motor Vehicle Accidents
- d. Revised Code of Washington (RCW) 46.61.230 250 pertaining to bicycle and pedestrian safety
- e. RCW 46.61.750 991 pertaining to bicycle operation
- f. Pierce County Code 10.22 pertaining to bicycle helmets

4. POLICY:

- a. Personnel will face oncoming traffic when running/walking on streets or roads. Cyclists will ride in the same direction as traffic and will adhere to the normal traffic rules of the road. Personnel will not wear portable radios, CD players, etc. with headphones. Additionally, bicyclists will wear a protective helmet that meets or exceeds the safety standards adopted by the American National Standards Institute (ANSI), or the Snell Foundation, as prescribed by the reference listed in paragraph 3.f. above. Bicyclists will also ensue that either the neck or chin strap of the helmet is securely fastened while the bicycle is in motion.
- b. Personnel running/walking/cycling during voluntary physical training or recreational activities on Camp Murray during periods of reduced visibility will wear reflective gear clearly visible from both front and rear. As a minimum, the gear will be equivalent to the DoD two-inch reflective belt (Lime Yellow, NSN 8465-01-225-4661).

- (1) Air or Army National Guard organizations that are conducting organized, unit formation runs may require every unit member to wear individual reflective gear or may have designated unit members wear "road guard" vests and run to the front, rear, and sides of the unit formation.
- (2) Reduced visibility is defined as any time you are unable to see clearly, such as periods of adverse weather (e.g., fog, rain, and snow) and specifically during the period sunset to sunrise.
- c. Drivers must expect to encounter pedestrian traffic, runners, and cyclists on any/all of Camp Murray's streets, roads, and trails. Drivers will respect the right-of-way and yield to non-vehicle users. Further, motor vehicles approaching troop formations or personnel running/walking will adhere to a 10-mph speed limit and will only pass with the utmost caution after verifying the roadway ahead is clear.
- 5. REFLECTIVE DEVICES FOR WEAR: Reflective equipment that meets the requirements is available at the following sources:
 - a. Two-inch Lime Yellow Belt can be obtained through:

(1) Military unit supply system,

(2) Fort Lewis/McChord Military Clothing Sales (for approximately \$10.00 or less each),

(3) Civilian stores (for prices comparable to the Military Clothing Sales).

b. Reflective Vests - may be purchased at:

(1) Fort Lewis/McChord Military Clothing Sales (for approximately \$10.00 or less each),

(2) Civilian stores for comparable prices.

c. Other suitable devices comparable to the items described above are available at department and sports stores.

6. For additional information, contact the Washington National Guard Safety Office at commercial (253) 912-3825, DSN 323-3825.

august 2, 2005

Major General

The Adjutant General

Director, WMD