



JSS Weekly Update

24/7 JSSWA Main Line: 1-800-364-7492

Week Ending January 22 2016

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Upcoming Events

- Feb 1-5 - IBM Analyst's Notebook Training
- Feb - 3 - Veterans Networking and Hiring Event
- Feb 9-10 - Military Spouse Hiring Event

Easter Egg Hunt s

- March 20 - Spokane
- March 19 - Camp Murray

Holiday Support

The impact that the JSS Team has on Guard Members and their Families can be seen in many events across the state. Our Mission is to support the National Guard and our Veterans in any capacity that we are able to and have 13 programs that work around the clock to ensure our Services Members receive all of the support they need. Most importantly we make sure the support they receive is tailored to their needs and their families. For the Holiday's every year the Joint Services Support in partnership with its Community Partners support Guard families in need with Holiday Meals and children's Toy donations. This year a total of 868 families were provided with meals for Thanksgiving and Christmas, and supplied 640 children with Christmas presents. Without the great support from Community Partners and the JSS Team, many struggling families would have gone without this Holiday Season.



Washington Joint Services Support
 Building 3, Camp Murray
 (800) 364-7492

<http://mil.wa.gov/family-programs>

@ JSSWA

If you or a buddy are in need information or support, please contact one of our Family Assistance Coordinators here on Camp Murray. If you live outside of the Camp Murray region Statewide coordinators contact information is on the page 13.

WA National Guard's All In!

12

The Washington National Guard showed up for a 12th man photo with their beloved Minuteman Statue in preparation for this Sunday's playoff game against the Carolina Panthers. As with last year, the Minuteman donned his 12's jersey to show his support of the Northwest's favorite team. The JSS has received many photos of Guard Seahawks Fan's throughout the state. We have even found photos of Soldiers proudly waving their flags overseas, showing that 12's really are everywhere.



WA National Guard's All In!





Employment Transition Services (ETS)

provides helpful coaching to assist unemployed, separating and retired military personnel enter the civilian world.

Our mentors provide various services to facilitate a successful transition, including resume development, referral services, interview techniques, career self-assessment tests, and job placement services. Those that use our services leave with the confidence and tools they need to find a meaningful career in the civilian world.

Services Offered:

- Resume preparation
- Military skills translation
- Apprenticeship and job placement services
- Networking
- Interview techniques and tips
- Employment plans
- Agency referrals
- Hiring and job events

Contact our counselors for assistance and support:

Will Gable - Camp Murray

(253) 512-8727 wiliam.f.gable.ctr@mail.mil

Eric Barnes-Spokane

(253) 512-8727 eric.s.barnes4.ctr@mail.mil

Shannon Leacy -Camp Murray/Tacoma/JBLM

(253) 512-8903 shannon.l.leacy.ctr@mail.mil

Thomas Adams-Olympia/Centralia/Vancouver

(253) 512-1351 Thomas.b.adams3.ctr@mail.mil

Reyes Villarreal -Tri-Cities/Yakima/Moses Lake

(509) 760-3238 reyes.villarreal.ctr@mail.mil

Cathie Valentine-McKinney

Kent/Seattle/Everett/Marysville

(253) 740-1169 catherine.r.mckinney3.ctr@mail.mil





IBM I2 ANALYST'S NOTEBOOK VETERANS TRAINING AND CERTIFICATION

In partnership
with



No cost IBM training and certification for Veteran Job Seekers
with Intel and Analyst Backgrounds!

*Join IBM, CASY and the WA National Guard Joint Services
Support program for this top notch training and
certification program in the data analytics field.*



When: February 1st-5th, 2016
Where: Washington National Guard - Arsenal Museum
Building #2
Camp Murray, WA 98430

Visit <http://casy.msccn.org/Training/i2Training.html>



IBM i2 Analyst's Notebook enables government agencies and private sector businesses to maximize the value of the mass of information that they collect, enabling them to discover, visualize, and disseminate actionable intelligence that will help to identify, predict, prevent, and disrupt criminal, terrorist, and fraudulent activities.



ESGR has served our country for more than 40 years, fostering a culture in which all employers support and value the employment and military service of members of the National Guard and Reserve in the United States. These citizen warriors could not defend and protect us at home and abroad without the continued promise of meaningful civilian employment for themselves and their families. ESGR has continued to adapt to meet the needs of Reserve Component members, their families and America's employers by joining forces with a network of other national, state and local government and professional trade organizations as together, We All Serve!

SECRETARY OF DEFENSE EMPLOYER SUPPORT

FREEDOM AWARD

As the Freedom Award nomination season recently closed, the Washington Committee, Employer Support of the Guard and Reserve held the annual Awards Board and the Executive Committee Meeting. It is estimated close to 3000 nominations have been submitted nationally, with 64 Washington employers receiving a nomination. Mr. John Patterson, State Chair said “I would like to express our great appreciation for all those that submitted their employer for consideration of the Freedom Award. We have many outstanding supportive employers.” In addition to the Freedom Award selection, the Board also selects employers that will be presented with the Chair’s Pro Patricia Award, Above and Beyond Award and the Seven Seals.

The Board Reviews all packages and selects one from the large (500+ employees), small and public employer. These are submitted to the National Selection Board which make the final selection of 15 total Freedom Award recipients. The three selected are very impressive nominations and should be very competitive on the national level. Stay tuned—these will be announced soon.

For more information please visit www.esgr.mil



JFHQ Sexual Assault Response Coordinator & Victim Advocate Coordinator



**Washington SARC
24/7 Line
253-307-6483**



SFC Melinda Heikkinen
JFHQ SARC
Phone (253) 512-1365
melinda.e.heikkinen.mil@mail.mil

SSG Jennika Cardenas
JFHQ Victim Advocate Coordinator
Phone (253) 512-7881
Jennika.m.cardenas.mil@mail.mil

**If YOU Have Been Sexually Assaulted
Go to a safe location
Call 911 or your SARC 24/7 Line 253-307-6483**

Restricted reports can be made to:

- MEDICAL PERSONNEL
- JFHQ SARC
- UNIT VICTIM ADVOCATE

Unrestricted reports can be made to:

- MEDICAL PERSONNEL
- JFHQ SARC
- UNIT VICTIM ADVOCATE
- Chain of Command
- Law Enforcement



Live 1-on-1 Help Confidential Worldwide 24/7

Help is just a Click, Call or Text away!

Click www.SafeHelpline.org

Call 877-995-5247
Text* 55-247

*Text your location for the nearest support resources





is an organization that links Military Members and their Families with mental health providers within their communities. More importantly their focus is on finding providers that are experts in the problems Military Families face. The great part about them is that their services are free to Military and available by a simple search on their website. Their search is broken down by language, appointment type, distance and practice area.

<http://www.giveanhour.org/Default.aspx>

know the five signs.

Reach out, connect, inspire hope, and offer help.



personality changed?



agitated?



withdrawn?



poor self-care?



hopeless?

#ChangeMentalHealth

visit

www.changedirection.org

If you or someone you know are in need of immediate assistance, contact the **Veterans Crisis Line** at **1-800-273-8255**



NEED FAMILY LAW HELP?

Free Veterans Clinic in Seattle

Get help with your Parenting Plan or Child Support!

JANUARY 23, 2016

WORKSHOP & LUNCH (FREE)
12:00 - 1:00 p.m.

LEGAL CLINIC
1:00 - 3:00 p.m.

LOCATION
Starbucks Coffee Company
2401 Utah Avenue S.
Seattle, WA 98134-1431



What to Expect?

A volunteer attorney will be available for an hour-long session to assist you in filling out your Parenting Plan Residential Schedule or your Child Support Worksheet.

ELIGIBILITY:

Served in one of the branches of the US Armed Forces or the National Guard,
(must bring DD Form 214)

OR

Are currently serving in one of the branches of the US Armed Forces or the National Guard

AND

Household income between 0-400% of the Federal Poverty Level

IMPORTANT NOTE: Space is limited.



*The volunteer attorneys will only provide limited legal assistance in an hour long session.
They will not provide clients with ongoing representation.*

MAKE AN APPOINTMENT
Call (206) 267-7006

HIRING OUR HEROES[®]

MILITARY SPOUSE PROGRAM

Join Us for 2 Days of Career Development

Joint Base Lewis-McChord, WA

February 9th | 7:00-9:00 PM Networking Reception
February 10th | 10:00 AM-1:00 PM Hiring Fair

McChord Field Club | 700 Barnes Blvd, McChord Air Force Base, WA 98438

*Please join us for a special catered **Networking Reception on February 9th** and **Hiring Fair February 10th** for all military spouses, military members, employers, and service organizations.*

These events are free of cost.

- Network with vetted employers, community leaders, senior military spouses, and other job seekers
- Gain valuable insight on career planning and how to stand out as a candidate
 - Discover flexible jobs from a wide array of industries and skill levels
 - Resume help and free professional head shots

REGISTER ONLINE:
HIRINGOURHEROES.ORG

The event is open to all military spouses, including Active Duty, Guard, Reserve, Veteran, and Gold Star Spouses. Veterans and Service Members are encouraged to attend. Questions? Contact: eobrien@uschamber.com



U.S. CHAMBER OF COMMERCE FOUNDATION



An Affiliate of the
U.S. CHAMBER OF COMMERCE



NBC NEWS



hiringourheroes.org

Find us online:     

WEDNESDAY, FEBRUARY 3 | 11AM - 2PM

VETERAN NETWORKING & HIRING EVENT

NEW LOCATION! **AMERICAN LAKE CONFERENCE CENTER
LEWIS NORTH JBLM**



JOB SEEKERS RECEIVE:

- Access to multi-state employers
- Networking opportunities with government & private sector employers
- **ON THE SPOT Resume Review**
- Access to Goodwill Veteran Services for resume building, training, job navigation & retention resources

DRESS TO IMPRESS to build your employment opportunities.

EMPLOYERS RECEIVE:

- Access to a prepared, trained, professional and ready to work Veteran community

RSVP

<http://vetneteventfeb2016.eventbrite.com>

JBLM military access details

www.lewis-mcchord.army.mil/des/le_visitor.htm

Partners:



Sponsored by:

FASTPORT



Goodwill
Olympics & Rainier Region

[f /OperationGoodJobs](https://www.facebook.com/OperationGoodJobs) [@OpGoodJobs](https://twitter.com/OpGoodJobs)

Serving Soldiers, Airmen, Veterans and their Families 11.

66th Theater Aviation Command supports Retention Rodeo



This past drill weekend at the Aviation Readiness Center on Fort Lewis, the 66th TAC, 1-168 AVN (GSAB) gave re-enlisting Soldiers orientation flights on their UH-60 Blackhawk during the Retention Rodeo. This gave 26 Soldiers who had re-enlisted a rewarding experience for their continued service to the WA ARNG.



Easter Egg Hunts

Camp Murray

March 19th

930am-1130am

Contact Robin Seeberger for
more details
253-512-7985

Spokane

March 20th

11am to 1pm

Contact Kim Cole
for more details
509-844-1115



Free to all military with ID





ASIST

Applied Suicide Intervention Skills Training



ASIST is a two-day interactive workshop that teaches practical crisis intervention skills designed to help anyone prevent the immediate risk of suicide. Guardsmen have a 10% unit requirement, and have first priority. Family members, Veterans and community resource providers serving these demographics are also welcome on a limited basis.

February 20-21, 2016	JBLM
February 25-26, 2016	Vancouver
March 17-18, 2016	JBLM
April 21-22, 2016	Spokane
May 19-20, 2016	Seattle
June 16-17, 2016	Yakima

Certificate includes 15 CEU hours and qualifies as the required annual suicide prevention training for healthcare professionals. Please email for a registration form. Space is limited so register today!

Rebecca Wolf (253) 512-1342
rebecca.b.wolf2.ctr@mail.mil
SSG Zangenberg (253) 512-1357
adam.p.zangenberg.mil@mail.mil



This event is being presented by the WA National Guard Joint Services Support Directorate's Suicide Prevention Program, benefiting Soldiers, Airmen, Veterans and their Families.

Joint Services Contact List



Joint Services Support Director & State Family Programs Director

CH (COL) Carl Steele
253-512-7600 | 253-606-9271



Operations

Operations NCO

1SG Dana Trakel
253-512-1381
Dana.m.trakel.mil@mail.mil

Program Analyst

SSG Michele Thomas
253-512-7755
michelle.r.thomas63.mil@mail.mil

Marketing Program Coordinator

Lauren Feringa-Nash
253-512-8534 | 310-7477
WANG.JSS.MARKETING@gmail.com

Sexual Assault Response Coordinator

The SARC serves as the designated program manager of victim support services, ensuring that victims are provided with advocacy and access to needed care and support.

Sexual Assault Response Coordinator

SFC Melinda Heikkinen 253-512-1365

Victim Advocate Coordinator

SSG Jennika Cardenas 253-512-7881
24/7 Hotline 253-307-6483



R3SP

Resilience, Risk, Reduction, Suicide Prevention

It is our priority to promote resilience and risk reduction, and to correspondingly decrease suicidal thoughts and actions. This includes enhancing the resilience of our Guardsmen & families through training, awareness, prevention & intervention programs.

Sexual Assault Response Program Managers

Rebecca Wolf (253) 512-1342
SSG Adam Zangenberg 253-512-1357
National Suicide Lifeline
800-273-TALK



Master Resiliency Training Program

Creating a culture of consistent fitness, well-nutrition, PT standardized goals and motivation through education; this course meets MRT standards.

SPC Becky Davis 253-512-1358



Yellow Ribbon Reintegration Program

Pre, During & Post YRRP events, family counseling, VA support, financial planning, daycare, injuries & more.

LT Cassandra Hawley 253-512-1355



Family Assistance Specialist

Referral for Crisis Intervention Counseling, Community Information and Referral, TriCare Medical and Dental Resource Referral, Legal Resources Referral, ID Cards, Defense Enrollment Eligibility Referral (DEERS), Financial Resource Referral.

State Family Assistance Coordinator

Deborah Discolo 253-945-1869 | 253-355-5124

Family Assistance Specialist's

Camp Murray Bldg 3

Denise Whitten 253-512-8367 | 253-355-5875
Kimberly Huss 253-512-1350 | 253-355-5936

Seattle

Jim White 206-378-6466 | 206-473-2896
1601 W Armory Way, Seattle 98119

Olympia

Eva Valentine 360-704-6707 | 360-628-7195
515 Eastside St SE, Olympia 98501

Marysville

Dorie Sprague 360-436-2423 | 253-355-6388
13613 40th Ave NE Marysville 98271

Port Orchard-Bremerton

Heather Valez
360-874-2966 | 360-254-2412 | 253-254-1906
1950 Mile High Drive, Port Orchard 98366

Yakima

Tim Gatton 509-469-4638 | 509-844-4059
2501 Airport Lane, Yakima 98901

Moses Lake/Wenatchee

Doug Heimigner 509-630-0701 | 509-630-0701
6500 32nd Ave NE, Moses Lake 98837

Spokane(Fairchild)

Kim Cole 509-532-2775 | 509-844-1115
1626 N. Rebecca, Spokane 99224

Kent

Sarah Monta 253-512-8766 | 253-208-8602
24410 Military Road, Kent 98032

Longview-Vancouver

Liz Johnston 360-604-7303 | 253-355-6239
15005 N.E 65th St. Vancouver, WA 98682

Family Readiness Support Assistant

To empower commanders in their duty to deliver the Total Army Family Program so that Soldiers and Families are entitled, informed, educated, assisted, and made ready for the unique demands of military life before, during, and after deployment.

Family Readiness Support Services

253-512-7753
Bldg 3, Camp Murray, WA 98430

81st BCT

Jacque Taylor 253-512-8506

96th TRP CMD/56th

Sonja Wood 253-512-8345

66th AVN

Beatrice Warner 253-304-1950

Child & Youth Program

Child & Youth Program provides programs and opportunities for National Guard connected youth.

Lead Child & Youth Program Coordinator

Robbin Seeberger 253-512-7985
Bldg 3, Camp Murray 98340

Child & Youth Program Coordinator

James Goodman 253-512-1356
Bldg 3, Camp Murray 98340



Survivor Outreach Services

Provide benefits and services to surviving families to ensure that they feel part of the Army National Guard Family.

SOS Support Coordinator, Camp Murray

Sara Vargo 253-202-0982

SOS Support Coordinator, Tri-Cities

Shirley Schmunk 509-734-7053



Transition Assistance Advisors

Assists Service Members and their families with accessing Veterans Affairs benefits and filing claims, TRICARE, state benefits, locating documents such as dd-214's and medical documents, and accessing community resources.

Annie DeAndrea 253-512-8722

Department of Veterans Affairs

Service Officer (American Legion)

Cathy Hennie
253-512-8196 | 360-951-8182

Employment Transition Services

Employment Transition Services (ETS) provides helpful coaching to assist unemployed, separating and retired military personnel enter the civilian world.

Camp Murray (Western WA)

Will Gable 253-512-8727
Shannon Leacy 253-512-8903
Tom Adams 253-512-1351

Moses Lake/Yakima/Tri-Cities (Central WA)

Rey Villarreal 509-760-3238 | 509-361-4173
6500 32nd Ave, Moses Lake 98837

Spokane (Eastern WA)

Eric Barnes 509-532-2795
1626 N. Rebecca, Spokane 99224

Kent/Everett/Marysville/Seattle

Cathie McKinney 253-945-1821

Vancouver/Centralia/Longview

Jennifer Hibbs 360-604-7320
MAIN NUMBER: 253-512-8540



Director of Psychological Health

The mission of the Psychological Health Program is to advocate, promote, and guide National Guard members and their families by supporting psychological fitness for operational readiness.

Director of Psychological Health - Army Western WA

Julie Madsen 253-512-8783 | 253-273-1769

Eastern WA

Tawnya Wright 509-910-3125

Director of Psychological Health - Air

Lynn Mackinnon 253-370-2048 | 253-905-4620

Airmen Family Readiness Coordinators

Camp Murray

Angela Sutter 253-512-3397
Building 107, Camp Murray 98430

Spokane

Mary Thomas 509-247-7009
1403 W Wainright Blvd.
Fairchild Air Force Base, Spokane 99224

Employer Support of the Guard and Reserve

The ESGR seeks to promote a culture in which all American employers support and value the military service of their employees.

Program Support Technicians

Kenneth Schwarm 253-512-8468
Marie Moynahan 253-512-8489

Administrative Support Technician

Kathleen Wilcox 253-512-8253

State Office 877-306-1971

National ESGR 800-336-4590

www.esgr.mil



Hero 2 Hired Employment Coordinator

Matching the Guard and Reserve "2" jobs they deserve.

Tamie Clark (253) 512-1383



Military One Source

Military OneSource

800-342-9647